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Making a Difference, One Student at a Time

The Cowl will be adding a new column to the News Section in which we will feature one of PC's distinguished faculty members who has been recognized for accomplishments made in their field. This first week we will focus on Peter Costello.

BY MELISSA SILVANIC '08

NEWS STAFF

Most students at Providence College are familiar with the Web site ratemyprofessor.com. Whether it be searching for a particular professor, sharing a humorous experience, or writing a review for a favorite teacher, the web-site is quite popular. This Web site has created a list of the top 50 professors in the country according to student reviews. Peter Costello PhD, a member of the Philosophy Department, has been recognized as the No. 26 most popular professor on ratemyprofessor.com.

Costello is one of the most well known teachers on the Providence College campus. As a member of the Development of Western Civilization program, a great number of students have had the privilege of attending class with Costello.

"Dr. Costello is so energetic. He really gets down to the level of the students," said Tom Cresci '10.

Costello, a native of Maryland, has led a life full of unique experiences. Costello was the oldest of seven children, four of which were adopted.

"We had a very interesting experience because our family was a combination of three different races," said Costello.

As a child, he remembers several incidents which shaped his life to this day. When he was 11 years old, his family was denied access to a community swimming pool because of the race of his family. He wrote a letter of complaint to a local newspaper, and although the paper did not publish the article, the editor called the swimming pool and Costello's family was then allowed in.

"I grew up with a sense of social justice that I still hold to be very important to me," said Costello.

Costello attended Saint John's University in Minnesota as an undergraduate student and double majored in philosophy and English. He received a doctorate of Philosophy from Pennsylvania State University.

At Saint John's, Costello was honored as one of the 14 members of the final round of the Rhodes Scholar competition. Although he was not one of the seven out of 14 students selected to ultimately win the scholarship, the experience was incomparable.

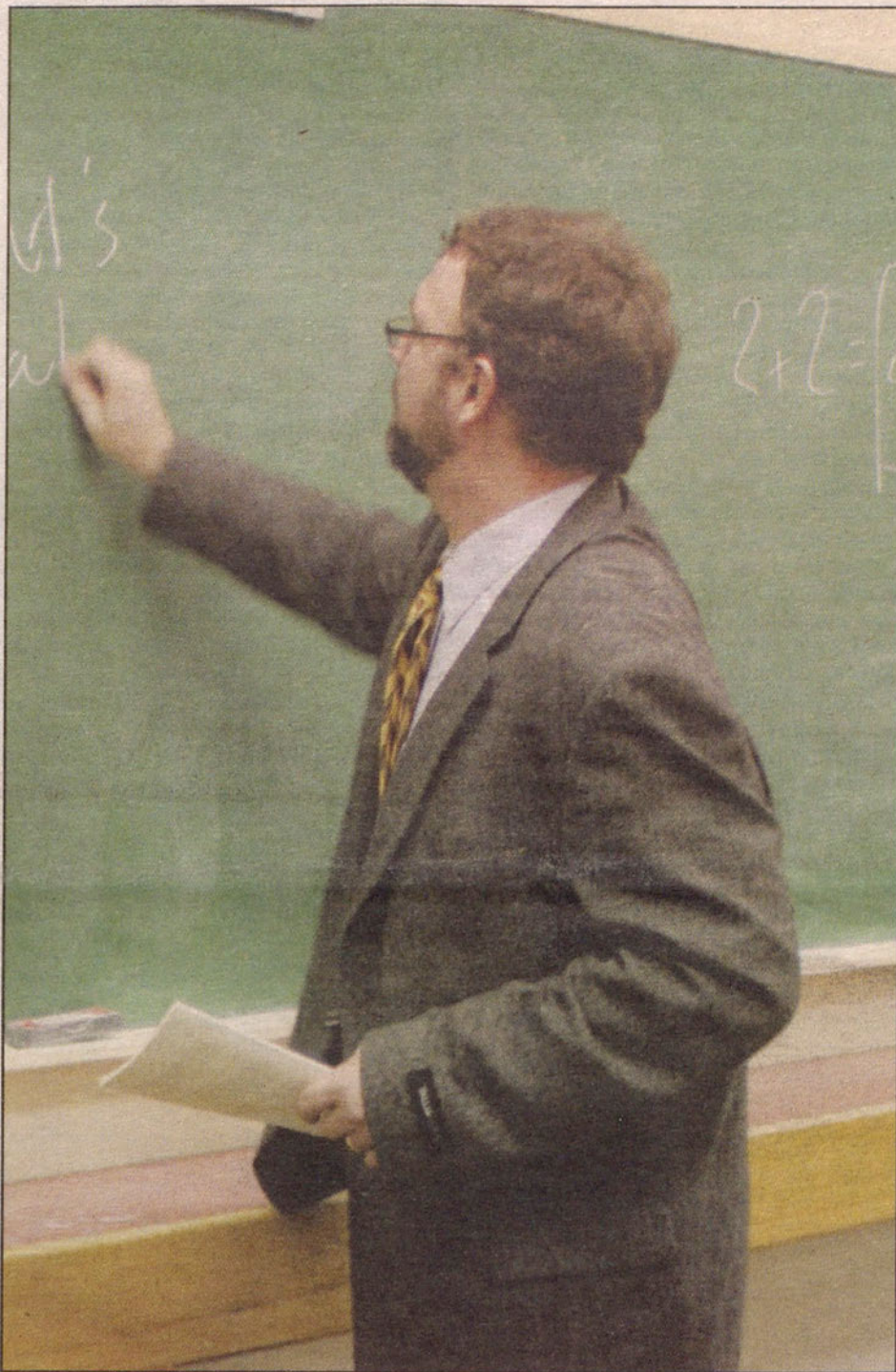
"I was disappointed, but it really made me learn something," said Costello.

After his undergraduate years, Costello traveled to Africa with the De La Salle Christian Brothers and worked with 100 students who were postulants for religious orders.

"Africa was an extremely positive experience. It was also the loneliest I have ever felt, but I learned so much. Volunteering in such an environment takes a lot of preparation, and it is important to make sure you go with adequate language and culture preparation," said Costello.

Costello learned much about teaching through his experience in Africa which

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MATT LONGOBARDI '10/THE COWL

Professor Peter Costello Ph.D. teaches students and conveys material in a fun and interesting way.

GET READY, SET, VOTE!

BY MIKE SPRINGER '08

NEWS EDITOR

For those students who have an interest in politics or are just curious about the issues, there will be a lecture on Tuesday, Nov. 6, from 6:00 p.m. to 7:45 p.m. in Feinstein 400, sponsored by the College Republicans, the PC Democrats, and the American Studies Program, called Get Ready: A Student's Guide to Political Parties.

This event will primarily be an information session that is meant to help voters make more informed decisions about elections and voting.

"This is part of a series of events that is meant to educate the voters at PC," said Vice President of PC Democrats Matt Rucci '09. College Republicans and the PC

Democrats decided to hold the event after reflecting on the feedback that they received from students at the involvement fair.

"A lot of students came to our table and were asking what each party stood for and also had a lot of questions pertaining to R.I. Politics and we thought that this event would be a good way to answer those concerns," said President of College Republicans Sarah Highland '08.

The groups are hoping to target underclassman in an effort to educate them and help them become more involved in the voting process.

"We're hoping to target freshmen and sophomores who are going to be here for the next election and want to make informed decisions when they vote, especially since this might be the first time that

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Spring Into Action

BY RICK KURKER '09

NEWS STAFF

If you're looking for an innovative way to help out a local or out-of-state community, then Habitat for Humanity may hold the key to your quest.

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According to Sarah Bidingger '09, vice president of the Providence College Chapter of Habitat for Humanity, it is an organization that provides housing for impoverished families. Families are able to apply for houses, and if they are accepted, they meet with advisors who determine the necessary house size, the amount the family can afford to pay per month, and other guidelines. The next step is finding people who are willing to donate their time to building the house. For instance, professionals come in to do electrical work, or corporations may donate appliances. Remaining costs after donations are paid for by the family. Usually, a Habitat home costs between \$80,000 to \$105,000 to build, and a family is usually given 20 to 30 years to pay it off, interest-free.

According to Bidingger, Habitat requires families to contribute "sweat equity" hours in which they help to build their own house as well as other Habitat houses in the community.

"This means you'll actually meet the people you're building homes for, which is one of my favorite parts of Habitat," said Bidingger.

Brittany McHale '11 got involved with Habitat in high school. She was a member of her town's first youth build, and her high school was one of two high schools that founded the Youth United Build program a few years ago. McHale said she really got into Habitat when she saw the dedication of the volunteers and the reaction of the families in need.

"The look on the woman's face when we gave her the keys to her new house was priceless," McHale said. "After that, I was sold."

"Each year I got more and more involved," said McHale. "When I saw the opportunity to join at PC, I knew it would be a good place to get involved, help the community, and meet new people."

According to Bidingger, most Habitat volunteers are housed in churches or Habitat houses that have been completed already. Volunteers have access to a kitchen, and grocery shopping money is included in the budget for the trip.

"Depending on the site, a lot of your meals might be donated by local businesses, and, especially in the South, churches," said Bidingger. "My freshman year I went to North Carolina, and we were treated to some mighty fine Southern hospitality."

Bidingger went on spring break trips for Habitat during both her freshman and sophomore years.

Currently, several Habitat members are working on a new project, but it is not through the Habitat organization. The group was contacted by the Smith Hill Community Development Corporation (CDC), a program affiliated with the Rhode Island Housing Program.

According to Bidingger, Anne Bickel '06, former PC alumnus, is in charge of the

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Writing Center Launches New Site

The Writing Center launched an ANGEL group on Oct. 15 called The Write Site, which allows students to submit their papers electronically to writing center tutors for critique. The papers will be evaluated and sent back to sender within 48 hours with comments and suggestions.

"For students not getting feedback on their work, it is a convenient way to do that," said Bryan Marinelli, director of Academic Services.

Tutors will read the drafts sent in by students and comment on "high order concerns," such as thesis, organization, and coherence. According to Marinelli, The Write Site is not meant as an editing service.

"[The Write Site] will probably even bring more appointments down here if the students find the online resource helpful," said Lindsay Young '08, a Writing Center Tutor.

The Writing Center, located in the basement of the library, provides students with tutors in face-to-face sessions, and now in electronic correspondence to help with writing assignments.

"We try to simulate what happens in a face-to-face session online," said Marinelli.

The papers submitted are required to be no longer than seven double-spaced pages, according to Marinelli. A student, however, can elect to submit the specific seven pages of a paper which concern that student the most.

"I think it is helpful to students because they might not have the time for a face-to-face meeting," said Kathleen McMicken '09, a Writing Center Tutor.

Students can join the online writing lab by selecting the "Find Groups" link on the ANGEL homepage. From there, students can search "The Write Site," after which the group's information will appear with an option to enroll.

The group's content features links to help students with various subjects of writing such as grammar, punctuation, style, and the writing process. The Write Site has links to help professors with assigning, grading, and commenting on student papers.

To submit a paper through The Write Site, students are required first to answer several questions about the paper, which makes it easier for a writing center tutor to evaluate.

"[The Write Site] is a really good resource for students to have someone look over their work; sometimes an objec-

tive eye is really important," said Mary Lombard '08, a Writing Center tutor.

Marinelli said the group has received about a dozen submissions from students since the program launched two weeks ago, after talking to faculty and sending out a campus-wide e-mail to publicize the tool.

"It is something that I expect to catch fire slowly," said Marinelli.

—Chris Donnelly '08

Possible Changes for Judicial Affairs

Providence College Student Congress was presented with a proposition to involve students in judicial affairs, proposed by Kevin Butler, dean of Judicial Affairs at its weekly meeting on Oct. 30 at 5:30 p.m.

Butler was approached with the idea of integrating students into judicial affairs by Jesse DePatsy '09.

"We, the 2009 Congress, came up with the idea and I approached him," said DePatsy. "He was very receptive to the idea."

Congress viewed a Power Point presentation, conducted by DePatsy. The presentation outlined Dean Butler's argument for instituting a board of students in the judicial affairs process, and the role they will play. Students will have a new larger role in judicial affairs, but the control of judicial issues will still reside with the Office of Judicial Affairs.

Students will be able to apply for a spot on the board beginning in spring 2008. The Office of Judicial Affairs will approve a board consisting of seven to nine rising juniors and seniors. The board of students will be responsible for reviewing all cases that Judicial Affairs encounters. However, a smaller group of three student board members will participate in each hearing. That number has not been finalized yet, nor has the weight of the student vote. The students appointed to the board must complete an intensive training process.

Legislation to enact a student board for judicial affairs will be presented to Student Congress at the Nov. 13 meeting. That meeting will be open to the student body. The legislature will be voted on Nov. 28.

Under the current judicial process, after students are written up they receive a letter in their Friar boxes 12 to 15 business days later. Students can then view their case files and will then have a hearing with Dean Butler or Dean Quinlan. After a decision has been reached, students are informed of the verdict and the appeals process.

Under the new process, after students are written up they will receive an e-mail from the dean of Judicial Affairs. The dean will then determine the offense and possible punishments/outcomes. The Dean will then confer with the student board which will give its decision on the cases.

Students accused of violations will then meet with the dean and with the student board. The dean and the student board will then vote together on the issue and they will inform accused students of their verdicts. If students so wish they can then appeal the decision.

"I proposed this because we felt that our school is really lacking in this department," said DePatsy. "Students would be more receptive to being judged by peers."

Over 1,000 colleges and universities around the country have instituted student participation in judicial affairs. Those included are Boston College, Fairfield University, Holy Cross, and Villanova University.

—Devin Murphy '10

Fright Fest funds MS Society

'64 Hall was host to a night of ghoulish festivities on Oct. 27 when Fright Fest was held there. The Halloween-themed party, organized by the Office of Residence Life (co-sponsored by Campus Ministry, the Chaplain's Office, and the Board of Programers), started at 9:00 p.m. on Saturday.

"We tried to create a spooky, festive atmosphere," said Natalie Sheil '09, who helped to organize the event. "People came and they stayed so it was a good time."

During the event, students participated in games and activities like decorating a cookie and a blind touch game of gross feeling food.

"Fright Fest provided a nice distraction; people can get into costumes and have fun," said David DeFilippo '09.

Thirty students attended the event at '64 Hall to celebrate the upcoming Halloween holiday.

"To see that many people show up on a Saturday night is pretty impressive," said DeFilippo.

There was a costume contest at the event won by two students who dressed as the ghosts of the original residents of Dore, pyschward patients. Horror movie baskets, were awarded as prizes.

"This initiative was brought forth by Sheil, a former resident assistant, as a fundraiser to benefit the Multiple Sclerosis

Society," said Alexander Gaffney '10. "Natalie is from Cheshire, Conn. where the highly publicized tragedy of the Petit family occurred this summer."

Donations were taken at Fright Fest and the proceeds went to the Multiple Sclerosis Society, which is a cause the Petit family raises funds and awareness for. The Petit family was victim to a home invasion in July resulting in the murder of the two daughters, Haley and Michaela, and wife, Jennifer. Dr. William Petit Jr., the only Petit family member to survive the attack, was severely injured.

"It is nice to see that people do care about causes like that," said DeFilippo.

Donations collected at Fright Fest totaled near \$100 according to Gaffney.

"This event exemplifies the ongoing efforts of our students and their dedication to contributing to the greater world community," said Gaffney.

—Chris Donnelly '08

Pro-Life Lecture to be Held

Campus Ministry will be coesponsoring the first installment of a lecture series entitled, "True Female Dignity within the Pro-Life Movement" with PC for Life. The event will take place on Nov. 7 at 8:00 p.m. in the Slavin Center. Speaking at the event will be Dona J. LeBoeuf who has served as the Executive Director of R.I. State Right to Life Committee from 1996 until 2001.

LeBoeuf was also a member of the Board of Directors for the National Right to Life Committee and has represented pro-life interests in the R.I. General Assembly and in both the Senate and House of the United States Congress. For more information, students should contact the Slavin Center at 401-865-1000.

—Mike Springer '08

Accuracy Watch

The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please e-mail the editor at thecowl@providence.edu. Corrections will be printed as necessary on page 2.

CALENDAR**November 2 to 8****CAMPUS**

2 Friday	3 Saturday	4 Sunday	5 Monday	6 Tuesday	7 Wednesday	8 Thursday
4:00 p.m. Fridays at Four-Student Performance, Smith Center for the Arts Ryan Concert Hall	2:00 p.m. Senior Recital, Smith Center for the Arts Ryan Concert Hall	2:00 p.m. Theater: <i>Noises Off</i> , Smith Center for the Arts, Angell Black Friars Theater	4:00 p.m. Internship Showcase, Slavin Center '64 Hall	1:00 p.m. Fiction Workshop, Slavin Center G01	4:30 p.m. Future Friar Executives, Slavin Center G01 or 112	4:00 p.m. Student Technology Forum, Slavin Center '64 Hall
8:00 p.m. Celtic Fest, McPhail's	3:30 p.m. Confession at St. Dominic Chapel	7:00 p.m. Mass at St. Dominic Chapel	4:30 p.m. Premedical Internship Workshop, Slavin Center 112	6:00 p.m. Documentary on Human Trafficking, Moore Hall I	7:00 p.m. Lecture: Women in Politics, Moore Hall III	4:30 p.m. Lecture: The Fall of the Berlin Wall, Moore Hall I

McPhail's Line Up

Thurs 11/1

Piano Bar w/ Paul Coyne & Friends!

Get down to McPhail's early & get ready for a great night of music! 9pm.

Fri 11/2

Irishfest!!

Come celebrate with live music and entertainment! Band @ 9:00pm.



Sat 11/3

Revival!!

They are back! Come dance the night away in McPhail's!! Band goes on @ 9:00pm.

Mon 11/5

Monday Night Football!!

Baltimore vs. Pittsburgh Kick off @ 8:30! Free Giveaways! Free Food!



Join the McPhail's Facebook Groups! Add McPhails02 to your buddy list!!

T.D.F. at the Smith Center for the Arts**Noises Off**

By Michael Frayn

Nov. 2-4

Open Auditions: The Underpants

an independent student production men's roles only

Nov. 6

at 6pm

Open Auditions: Funny Girl

Nov. 14 at 6pm

Boy Gets Girl

By Rebecca Gilman

Nov. 16-18



www.providence.edu/theatre

401-856-2218

Marketing Majors Race for a Cause

BY SARA BETH LABANARA '11
NEWS STAFF

Many college students hope to make a difference in their community. For some marketing students, that chance will come sooner rather than later, as they will be running a 5K, called the Bank of America Friar Trot, in an effort to raise money to benefit the Tomorrow Fund. The event will take place on Sunday, Nov. 18, at 12:00 p.m. The Friar Trot is a new event on campus created by a group of five seniors, all marketing majors. As part of a sports marketing class taught by Daniel Horne Ph.D. students were instructed to create a fundraising event on campus.

Students are responsible for planning, developing, and executing an event with the intention of benefiting a specific charity. Kate Danaher, Greg Giardino, Ben Johnston, Gary Pannuzzo, and Christine Reichwein teamed up to develop their plan of a 5K run and a 3K walk taking place on campus.

The group's event will benefit the Tomorrow Fund at The Hasbro Children's Hospital, which is done to help benefit children who have cancer.

"The foundation aims at benefiting kids with cancer by offering their families emotional and financial support," said Danaher '08.

It was equally important to all the group members to ensure that they felt a special connection to their charity in order to create a successful and beneficial event.

"We have met with the staff of the Tomorrow Fund and have also toured the Tomorrow Fund clinic at Hasbro Children's Hospital to see the children we will be helping," said Reichwein '08.

The group had many various organi-

zations to choose from for their project; however, once the group found the Tomorrow Fund, they knew it would be a worthy cause.

"When our group first started looking

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It is a great event that Providence College should take a part in not only because it is fun, but also because it is a great cause!

Christine Reichwein '08

”

at charities, we really didn't know who to choose. The Tomorrow Fund was one of three choices we had. After researching about each of our three choices, and speaking with each of the charities, we felt the Tomorrow Fund was the best choice," said Reichwein.

Danaher also agreed in saying that the Tomorrow Fund was one which caught the group's attention and made them want to contribute.

"We heard about it, did some research and all feel that it is one of the best causes out there. We also felt that it is a cause that PC students would want to reach out to," said Danaher.

The task of developing an idea for an event, planning, and taking care of details is a time consuming process which entails multiple steps and obstacles for the group.

"First we had to decide what kind of event we wanted to organize that would raise enough money, then we had to spark student interest which we feel will be the hardest part," said Danaher.

According to the group, grasping students' attention will be the most challenging obstacle to overcome, but they hope that with the support of sponsors, the event will gain publicity on campus and attract students to their cause.

"The hardest part is getting people to participate. It's sad to say, but very few people would just come to an event to support a charity, without some sort of incentive," said Reichwein.

The group has maintained the support of sponsors such as Uno's Bar and Grill, Cabhail Molding, Pawtucket Credit Union, Coca-Cola, STA Travels, and Bank of America, the title sponsor of the event. The group hopes that these sponsors will help the event as well as spark the interest of PC students.

"Finding sponsors was a process. We had a list of over 100 different groups to target and we had to figure out which ones were feasible to sponsor our event: We're learning as we go," said Danaher.

The overall group consensus was that the process of event planning was such a complex task, that the group had to divide the responsibilities up in an effort to eliminate any potential problems that may arise.

"I myself am the writer/paperwork person. I have put together over a hundred sponsorship packets. Katie has been working with getting the on-campus clubs involved in our event. Greg is our main contact with the Tomorrow Fund, and Ben is the group member who is actually setting up the course on campus. Basically he rides his bike all over campus determining what course makes the best 5K," said Reichwein.

Through working together, the group is engaging first hand in a learning process which is embedded in all aspects of their project.

"This project is real life; nothing has ever been this hands on. We are definitely being prepared for the future and it's great because we're helping people as we're learning," said Danaher.

The group feels that they are learning a great deal from the process and they are working hard to overcome the obstacles that have stood in their way thus far in the project.

"I think one major problem is the amount of time it takes to plan an event like this. Many professionals have months and months to plan an event—we had barely two. Unlike professionals, this is also not our full time job," said Reichwein.

In maintaining their devotion to the task at hand, the team keeps its goal in mind: To raise money for its charity. Also, they are focused on encouraging unity between faculty and students through The Bank of America Friar Trot.

"Unity between faculty and students is a great thing to promote during this event," said Danaher.

The group's planning and commitment to their project will all lead up to the final event, the Bank of America Friar Trot, which will be held on Sunday, Nov. 18 on the PC campus. Registration begins at 11:00 a.m. on the Slavin Lawn. The cost is \$10 which will be contributed to the Tomorrow Fund. Participants will receive a t-shirt and a complementary lunch provided by Uno's Bar and Grill.

The sports marketing group looks forward to seeing as many PC students as possible at the event in order to benefit the group's cause.

"It is a great event that Providence College should take a part in not only because it is fun, but also because it is a great cause!" said Reichwein.

Habitat: Students Making a Difference Over Spring Break

continued from front page

YouthRAP program, which is an after-school program for elementary and middle school students. The program's Web site, Rhodeislandhousing.org, says that "YouthRAP provides funding for tutoring, employment, and self-esteem building activities for disadvantaged children living in apartments financed by us." The YouthRAP group had conducted meetings in a park, but as the weather became colder, they will have to find a new place to go.

The solution was found at 285 Smith Street, where the American Legion-Roger Williams building had an empty basement that could be used to house the youths and their program, free of charge.

In the basement there were exposed wires, rotting floors, and even tree roots growing through the floors.

Bidinger and some of her fellow Habitat members are currently trying to clean up the basement, ensuring that it follows all fire regulations and is safe for young kids.

During the first cleanup day, junk was removed from the house, including a cash register. The group hung organizers and racks for cleaning supplies.

"We filled an entire industrial trash bag full of dust and dirt," said Bidinger.

They also built walls. A door and wall were constructed to block off an unsafe electrical area. Multiple exit signs were installed, and everything was thoroughly cleaned. According to Bidinger, the main goal is to keep kids safe.

Bidinger said that the project keeps taking longer than expected as new challenges arise. However, several helpful findings have aided the volunteers in their work. For instance, chairs found in the basement will be refurbished for use in the completed basement. Also, wood and nails found in the basement were reused in the building process.

"So far, I have been working on the Smith Hill build, and just seeing the transformation has been amazing," McHale said. "The first morning I went we had accomplished so much in a matter of hours."

"I know that with the dedication of our group, it will be a great place for the kids," McHale said. "Also through this experience, I have been able to meet so many



SHANNON OBEY '08/THE COWL

Providence College student, Kerry Bergen '09, helps renovate a vacant basement to make it a safe place for children to enjoy.

new people, which is nice, and that we all have this in common is a perfect bond."

The project was originally started when Bidinger and Vanessa Bowen '09, president of Habitat for Humanity; met with the YouthRAP advisors at Smith Hill during

the first week of school. Since then, Bidinger has met with them every Tuesday, and she shops for more supplies on Fridays. Bidinger said that the first build took place in the second weekend of October. Approximately 10 to 12 people

come for each build with only a few showing up regularly. At this point, builds at Smith Hill are expected to occur almost every weekend until Dec. 1.

The spring break trip locations this year for Habitat are Oak Ridge, Tennessee; Rocky Mount, N.C.; Baltimore, M.d.; Cleveland, OH; Bridgeport, Conn.; and Camden, NJ. During spring break trips, groups from around the country unite and work on projects.

"Basically, the way Habitat spring break trips start out is you pile into a big van with eight or nine people you don't know and you start driving somewhere you've probably never been," said Bidinger. "And once you get there, you do construction work."

Bidinger traveled to North Carolina her freshman year spring for her spring break trip. Her group worked with students from universities in Pennsylvania and Michigan.

"In North Carolina, we worked on houses in all different stages," she said. "We did the subfloor, foundation, roofing, siding, painting we worked on every stage in different houses."

In Baltimore, Bidinger said that her group's task was a bit different. Since there was no land left in the city, town house buildings originally built for shipyard workers in the 1920s were renovated. Bidinger said that the insides of these buildings were rotted out. The Habitat group was responsible for gutting the houses and working on improving the interiors of the buildings. Also in Baltimore, Bidinger said that her group helped with painting and framing the entire inside of a house, while another group was responsible for the demolition.

There are also Saturday builds with the Habitat city chapter, which has set out to build a house from scratch. All universities and colleges, as well as some high schools, in Rhode Island come together for this project.

Anyone who wishes to volunteer can contact either Bowen via e-mail vbowen@providence.edu or Bidinger at sbidinger@providence.edu.

Meal or No Meal Feeds Students' Appetites for Fun

BY CONOR FERGUSON '10
NEWS STAFF

Taking a cue from the popular game show *Deal or No Deal*, the Weekend Program Committee, a division of BOP, staged their own rendition of the show on October 26 in '64 Hall from 8:00 p.m. to

STUDENT LIFE

10:00 p.m. The event, dubbed Meal or No Meal, was brought back after its success from last

year.

"Every semester we try to do one game show type event such as PC Idol and others," said Allison Nolan '08, head of the Weekend Program Committee, "and Meal or No Meal was the event that we decided to hold for this semester."

The event was held in an effort to give students an alternative to drinking and going out. Those PC students who attended the event said that they really enjoyed themselves.

"It was a lot of fun last year and I won \$30 to Metateranio," said Lucy Yost '09.

Those familiar with the Howie Mandel-hosted game would feel comfortable with the setup of the culinary oriented version. Aside from missing Howie himself, 20 some odd models, and an expensive set, the only difference was the fact that prizes entailed gift certificates to Providence restaurants.

"It's just like the show but using gift certificates to hot local restaurants instead of monetary prizes," said organizer Rachel Grekorek '10.

Among the top prizes were certificates to The Capital Grille, Ruth Chris, The Cheesecake Factory, Waterman Grille, and Whole Foods. With the highest prize being \$100 to The Cheesecake factory and the lowest being \$1 to Wendy's.

In the end, five PC students won prizes from the night's festivities ranging from Katherine McGill's \$20 gift card to Cafe Four 12 to Abbey Margia '09 who won \$40 to Andino's restaurant. Other students that won prizes were Jack Wallace '10 who won \$35 to Meeting Street Cafe, Liz Sica

'09 who won \$35 to Shanghi, and Mike Warren who received a \$25 gift card to the Abbey.

The set, which included a PowerPoint slide and array of plates – instead of briefcases – was described as an improvement over last year's arrangement.

"It has a lot more restaurants and is much fancier this time around," said Yost.

The BOP version, Meal or No Meal, was faithful to the concept of Deal or No Deal, and featured a banker, who tempted contestants with deals. Most of the competitors chose to reject the deals in order to pursue the chance of more cash; however, few contestants cracked into the high level prizes.

Intermixed with the normal Meal or No Meal contest was a handful of raffles.

The event wrapped up somewhat earlier than expected, but Nolan still said she saw the evening as a success.

"Since the event was held on Halloween weekend the turn out wasn't as high as it has been in the past, but those that did show up, really did have a great time," Nolan said.

Regardless of the underwhelming crowd, the enthusiasm of the BOP crew was unmarred. Mandel's double embraced the role, at one point refusing to hug one of the contestants, stating, "Howie's a germophobe – I really can't touch you."

While Howie and the banker each had their own impersonator, only one person shouldered the role typically held by several briefcase models. However, as plates cannot be opened, each one was merely brought to the center of the stage. From there, the plate number was announced and the corresponding prize was called out from the side.

This was all in keeping with the charmingly laid-back and casual theme of the night. The PowerPoint was manually updated each time a contestant made a selection and "Howie" sported a knee brace as he hobbled from one side of the stage to the other.

The modest air of the spoof, mixed with surprisingly enticing deals, made the night

worthwhile for the audience.

Upcoming events for BOP include a trip to Foxwoods on Nov. 10. BOP will also be hosting the Mr. PC Pageant, which will take place Sunday, Nov. 4 in the Peterson Recreation Center at 7:00 p.m. Students can purchase tickets to the event in the BOP Office for \$3 or at the door for \$5.

There is also a weekly Coffeehouse that BOP sponsors. This week's featured artist is Todd Martin, an up-and-coming acoustic guitar player. The Coffeehouse will take place in McPhails' from 7:00 p.m. to 9:00 p.m. on Nov. 6. Free pizza will be served.

The Weekend Program Committee will also be sponsoring their annual Margaritaville, which will take place in McPhails' on Nov. 17 at 8:00 p.m. This event will feature a Jimmy Buffet cover-band, will have alcoholic and non-alcoholic drinks such as smoothies and other various frozen drinks, and games such as pin the tail on the parrot and musical towels, as well arts and crafts.

For those students interested in joining BOP or would like more information on up-coming events, students are encouraged to visit the BOP located in lower Slavin in office G01 or visit their website at www.providencebop.org. Students can also call in by dialing extension 2493.

Vote: Educating Students

continued from front page

some of them will be voting," said President of PC Democrats Emma Pietrantonio '08.

Some of the more prominent figures in Rhode Island are attending the event.

On the Republican side will be Gio Cicone, the Rhode Island State Republican Party Chair. Cicone was elected the Republican Party Chair in March of 2007 and before that he was a legal council for the Rhode Island GOP and was a member of the Barrington, Rhode Island Town

committee. Cicone also opposed Patrick Kennedy for the State Representative of Rhode Island in 1996.

On the Democrats' side, Bill Lynch and Ralph Mollis will be featured. Lynch has been the Rhode Island State Democrat Party Chair since 1998 and was a civil litigator and defense attorney. He has also earned a RI Ethics Fellowship and works pro-bono for the RI Bar Association. Lynch's first employment in state government came when he worked for the Rhode Island Attorney General as part of consumer protections.

Ralph Mollis is serving in his first term as Secretary of State for Rhode Island and was the former Mayor of North Providence.

"We hope that this event will make students more aware of issues that matter, both on a state and national level, such as the budget, college cost reduction, and other issues," said Highland.

There will also be a 20 minute question and answer session for both the Republican and Democratic side that will allow for the students to directly interact with the candidates and have their concerns and questions that they have addressed.

"We definitely want there to be an open debate and dialogue between the students and the candidates that will allow for the candidates to answer any questions that the students may have," said Pietrantonio.

Pietrantonio also said she saw the event as a valuable tool that students could use to educate themselves and help them to better understand the real issues.

"We want to get rid of the misconceptions that students have about politics and work through some of the propaganda that is out there," said Pietrantonio. "We want to part through the propaganda and get to the real issues."

As part of the fourteenth ward, Highland said she believes that Providence College students can have a major impact on election results in Rhode Island.

"PC has the ability to change elections results because here on 549 River Ave. we have over 4,000 students," said Highland. "We could easily impact the results at the city council level, if not the state level."

Get Ready: A Student's Guide to Political Parties will be the first in a series of three events that PC Democrats and College Republicans will be putting on throughout the school year. Next will be the Get Set event, which will focus on voter registration and will take place before the primaries in March.

After that, the groups will co-sponsor the third and final part of their series with their event, Go. This event will focus on getting students to go out and vote.

The groups will also be working closely together throughout the year to sponsor other events and debates that will deal with an array of issues.

"We hope to have future events that will focus on more national issues such as immigration, social security, the war in Iraq, and Global Warming," Highland said.

These events will be put on in an effort to further education students and answer any questions pertaining to politics that students might have.

"I hope we can answer a lot of questions that students have such as can they lose their scholarship if they register to vote in more than one state," said Pietrantonio.

PC Democrats, along with PC for Fair Elections, and Women Will, will be hosting a Women in Politics Lecture that will take place on Wednesday, Nov. 7 at 7:00 p.m. in Moore Hall. The event will feature PC's own, Joseph P. Cammarano Ph.D., and Jennifer Lawless an assistant professor of political science and public policy at Brown University. For those students interested in joining PC Democrats, the group meets every Thursday at 6:00 p.m. in Moore Hall II.

College Republicans will also be hosting more events in the upcoming month, as they will be honoring veterans on Veteran's Day with ribbons amongst other things.

College Republicans meets every Wednesday at 7:30 p.m. in the Slavin Fishbowl.

Think for a minute...do you really want your parents to see your dorm room?



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Costello: Professor Fulfills Desire to Teach Students About Social Justice

continued from front page

he carries into the classroom today. "I was giving an exam on psychology and they were blatantly cheating. I blew up, but the students were very patient and said that it was the only way they could successfully take the exam. It wasn't cheating because they were helping one another. I realized I wanted to help each person master the material at his or her own pace," said Costello.

Costello's first tenure track job came in 2001 at Saint Peter's College in New Jersey.

"On September 11, 2001, I was teaching ethics and we could see the towers from the window. My wife and I had just visited the towers for the first time the week before. When the second tower fell, people were screaming and running, but my class just sat there. One student asked me what to do. I said, 'I want you all to pray we don't go to war, have people around you, and get home safely,'" said Costello.

Costello's students at Saint Peter's worked hard to receive their education and many were first generation college students.

"I really grew to love my students because I was fulfilling my belief in social justice," said Costello.

"After September 11, I thought I would go back home, but I stayed. I learned how to live and use public transportation. I was scared, but other people were there with me. I consider myself lucky," said Costello.

After Saint Peter's, Costello came to Providence College along with his wife, Melina Radeva, Ph.D. whom he met at Pennsylvania State University, and who now also teaches at PC.

"My wife and I decided to move for our family. PC valued scholarship and the benefits are helpful. The students at PC are the best I've had," said Costello.

"The Providence College community is warm. The students are excellent. They meet the high expectations they are given. I believe every student is capable. I believe students are active learners and want to learn," said Costello.



Costello's approach in encouraging students to believe in themselves and their own capabilities has paid off for many PC students and has helped them become more engaged with the material and gain a better understanding of what they are trying to learn.

"Dr. Costello makes it really easy to understand the material we are learning," said Kathleen Kelly '10.

Costello is one of many important professors in the Development of Western Civilization Program and believes it is an important part of the Providence College identity.

"I am amazed by my Civ colleagues. Some of them have Ph.D.s in their second language. They put me to shame," said Costello.

Costello and his wife have a young daughter who has profoundly affected their lives.

"The thing that's changed me the most is the birth of our daughter, Anna Sophia. I never knew what being a father would be like. I want to be the best father and the best professor I can be. As I go on from here to continue to publish and teach, I have in mind my family to support. I have an ongoing recognition that our families need to be

taken care of," said Costello. Peter Costello has worked hard to make a difference in the lives of PC students.

Providence College philosophy professor Peter Costello, Ph.D., was recently rated the 26th most popular professor on the web site Ratemyprofessors.com.

MATT LONGOBARDI '10/THE COWL

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PC Career Services



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California Wildfires Cause Mass Destruction

Five Fires Destroy Hundreds of Homes, At Least Two Fires Started By Arsonists

BY: MOLLY VAUGHAN '08
WORLD STAFF

AMERICAS: United States

THE WILDFIRES in California have taken a devastating toll on homes, the natural landscape, and the lives of thousands.

More than 640,000 people were evacuated, at least seven people are dead, and over 2,000 homes and business were completely destroyed.

In total, there were five major fires and dozens of smaller fires that consumed more than 1,000 acres each.

San Diego County was hit the hardest, with a staggering 800 square miles of destruction and an estimated \$1 billion in damages.

Qualcomm Stadium, home to the San Diego Chargers, played a major role in the evacuation efforts. It sheltered 12,000 displaced people and their pets at one point.

Though the stadium has since been emptied, some 3,000 evacuees are still housed in temporary shelters because they have nowhere else to go.

Even when the fires become contained, hazards such as downed power lines, leaking gas lines, and broken water pipes have hindered the return home for thousands.

According to the California Department of Forestry and Fire Protection, the number of people hurt in

the fires had reached 85 by last Friday. This total included at least 61 firefighters.

In addition, residents in five southern counties have been warned to stay indoors because of the dangerous air quality, which can cause numerous physical problems.



California Governor Arnold Schwarzenegger meets with officials at a site of one of the numerous fires raging in Southern California.

The fires have caused pollution levels to triple. Patricia Rey of the Environmental Protection Agency told the Agence France-Presse News that the fires have dumped the same amount of greenhouse gas emissions into the atmosphere that 440,000 cars create over a one-year period.

The most disturbing part of this tragedy is the increasing suspicion that the fires were purposely set by arsonists.

Officials have reported that at least two of the fires were definitely started intentionally and two more have suspicious origins.

praised for his effective response to the fires, announced that cash grants of up to \$10,000 will be available to help people with expenses caused by the disaster, such as housing, medical costs and transportation. This is in addition to assistance provided by the Federal Emergency Management Agency (FEMA).

Though this disaster is happening on the other side of the country, it has hit close to home for some students at PC.

"I decided to start collecting donation items because a few students on campus were personally affected by the fires. My family was evacuated and 30 percent of my neighborhood was burned to the ground. I couldn't just sit and do nothing, so I decided to be proactive and with the help of PC Campus Ministry and the Office of Residence Life began a drive for donations," Joe Boniwell '08 said.

The donations that are needed for the victims are non-perishable food, new children's toys, children's books, toiletries, new sheets, and pillows, as well as food, toys, and beds for pets.

Monetary donations are being accepted through Campus Ministry and the PC volunteers are collecting letters for the firefighters and the people of San Diego.

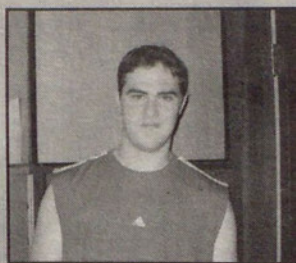
A second collection will take place through the end of next week. Donations can be dropped off at the Campus Ministry Center or the Office of Residence Life.

According to CNN, California governor Arnold Schwarzenegger has vowed to "hunt down" the arsonists. "If I were one of those people who started the fires, I would not sleep soundly right now...because we are right behind you," he said.

Schwarzenegger, who has been

Ask PC

Do you think sleeping pills work?



"I don't know. I don't take them."

Colin Naylor '08



"I'm not sure. Probably."

Andy MacMannis '09

COMPILED BY DIANA GINGLES '08

Study Finds Sleeping Pills Don't Work

BY JARED OZGA '09
WORLD STAFF

HEALTH

COLLEGE LIFE and sleep have never been agreeable bedfellows by any stretch of the imagination. To make matters worse, a series of studies conducted by the National Institutes of Health, Oregon State University came to the conclusion that newer sleep medications recently put on the market "do not greatly improve sleep for the average person," according to *The New York Times*.

Medications that were tested included Lunesta, Ambien CR, Sonata, and older forms of sleep medications such as Dalmane and Restoril. "People seem to be getting a lot of relief from sleeping pills, but does getting twenty-five minutes of sleep really give you all that relief?" Dr. Wallace B. Mendelson, former director of the University of Chicago sleeping disorders team, asked *The New York Times*.

The conducted studies used a series of actual as well as placebo medications to test patients who admitted to "not having solid sleep on a consistent enough basis" or who complained of constantly waking up during the night. Older prescriptions such as Restoril were said to have quicker effects when helping subjects to fall asleep

and offering twenty extra minutes of sleep. Newer prescriptions such as Ambien CR, which sell for on average four dollars a pill, are reported as having a smaller impact on sleep but allowing for more alertness the morning after.

Other forms of popular, and cheaper, sedation medications include Tylenol PM and Advil PM. These drugs are used by many to induce sleep due to their antihistamine medicinal qualities. But many doctors in the field of sleep warn against the usage of such products, saying there is "little evidence that they improve sleep" as well as an increased chance of liver failure due to the acetaminophen additive found in these non-prescription meds.

Others warn of a lingering sedation effect that these "PM" medications have on people including slower reflexes, racing heartbeat and minor constipation problems the following morning.

Dr. Manisha Witmans, a sleep medicine specialist at the University of Alberta's Evidence-Based Practice Center told *The New York Times* "The problem is there is no ideal hypnotic. The magic pill for sleep has not been invented yet."

So what do college students think of these findings? Anna Pion '09 told *The Cowl*, "I haven't ever used sleeping pills. Just make sure you have enough time to sleep." This being said, let's hope the pharmaceutical engineers are working on a pill that prevents college procrastination syndrome.



The Sunny Side

Positive News Stories in a Negative World

Former African President Awarded

BY AMANDA SILK '08
WORLD EDITOR

AFRICA: MOZAMBIQUE

JOAQUIM CHISSANO, the former president of Mozambique, won the \$5 million Prize for Achievement in African Leadership. The committee responsible for selecting the recipient hopes that Chissano will serve as an example for other African leaders of the correct way to rule a country.

Former U.N. secretary general, Kofi Annan, said during the ceremony, "President Chissano's achievements in bringing peace, reconciliation, stable democracy and economic progress to his country greatly impressed the committee. So, too, did his decision to step down without seeking the third term the constitution allowed," according to the Mo Ibrahim Foundation Web Site.

The award is given by the Mo Ibrahim Foundation. Born in Sudan, Mo Ibrahim is a dominant figure in British telecommunications, and he created the annual Prize for Achievement in African Leadership. Ibrahim told *The Washington Post*, "We Africans, it's our duty to look after our own people. This hopefully will help galvanize the debate... it focuses people's minds on how

important governance is."

The Mo Ibrahim Foundation Web Site reports that the Prize for Achievement in African Leadership comprises of "\$5 million over 10 years and \$200,000 annually for life thereafter; [and] up to \$200,000 a year for 10 years towards the winner's public interest activities and good causes." This prize is the largest cash prize ever awarded for good work.

Chissano served as president of Mozambique for 18 years, from Nov. 1986 to Feb. 2005. During his tenure, Chissano saw Mozambique through the end of a 16-year civil war, and he helped to usher in democracy. His relinquishment of power is seen by the award committee as one of the primary ways he exemplified wise leadership.

While Mozambique is still developing, under Chissano's leadership, Mozambique began developing a stable economy and helped attract foreign direct investment.

Further, the falling poverty levels, the increase in the number of educated children, and vast improvements in health care in Mozambique can be attributed to Chissano's leadership.

Since his presidency, Chissano served as the president of the African Union and has led efforts toward peace in the African countries of Uganda and Sudan.

China Further Instigates Asian Space Race

BY JENNY ARVANAGHI '10
WORLD STAFF

ASIA: CHINA

LAST WEDNESDAY, China successfully launched its first lunar probe, the first part of its 10-year plan to send a rover to the moon and then return it to Earth. The satellite Chang'e-1, named after a mythical Chinese goddess who flew to the moon, lifted off at 6:05 at night.

Tourists and officials watched the launching in Sichuan Province, providing television coverage for the entire nation.

The probe is supposed to orbit the moon for the next year, providing satellite images and other information to China.

The launch comes several weeks after Japan put a probe into orbit around the moon in a big advancement for Asia's space race.

India is also likely to join the rivalry soon, with plans to send its own lunar probe in April.

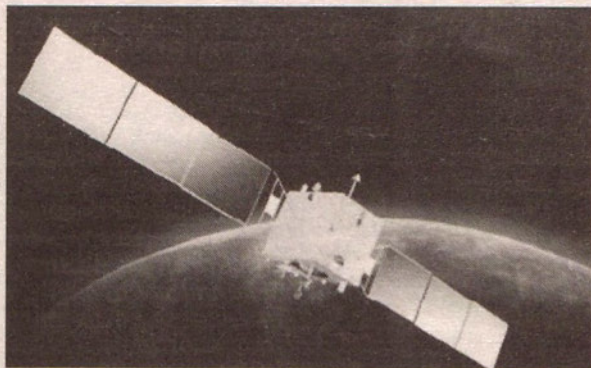
China is expecting to launch a space vehicle to the moon by 2012. It also reportedly has plans to send an astronaut by 2020.

Director of the Space Science and Applied Research Center Wu Ji was pleased with the launch, stating to China's state-run news agency, "The launch was very successful, and everything is proceeding just as planned," Ji said, as reported by *The Associated Press*.

Several thousand people living within 1.5 miles of the launch center and under the rocket were evacuated two hours before the launch, according to the official Xinhua News Agency.

In 2003, China became only the third nation after the United States and the Soviet Union to send a man into orbit.

Furthermore, in recent years, China's space program has attracted international attention for its ambitious and fast-rising technological prowess.



MOONPOSTER.IE

An animated representation of China's Chang'e-1 which will orbit the moon and gather information.

This has boosted national pride in China and has made the country a frontrunner in the Asian space race. China has been able to build and use the best technology, which is an important development for its nation.

The 5,070-pound satellite is expected to transmit its first photo to China in late November.

The project's goal is to analyze the chemical and mineral compositions of the lunar surface as well as study the moon's dust with high-tech images gathered by stereo cameras and X-ray spectrometers that map three-dimensional images.

China hopes to participate in an international space station project that includes the United States and Russia as its members.

Americans feel uneasy about China's participation in the International Space Station largely due to the fact that it is a communist dictatorship.

The space station was first launched in 1988 and has been dominated by Russian, U.S. and European crewmates ever since.

Although they are not part of the space race, commander of the lunar orbiter project, Xinhua, Laun Enjie stated that "China will, in the principle of pursuing a policy of peaceful use of airspace, share the achievements of the lunar exploration with the whole world," according to *The Associated Press*.

He expresses the idea that he will share the facts found by the satellite with the world.

Research professor at the Space Policy Institute and Center for International Science and Technology Policy at George Washington University, Henry R. Hertzfeld, said he hopes China and Japan will follow the United States' example in sharing scientific findings.

Week in Review

BY AMANDA SILK '08
WORLD EDITOR

Local

Calendar Raises Awareness, Eyebrows

Three undergraduate Brown students, working with photographers and models from Brown, Rhode Island School of Design, and Johnson & Wales University published a calendar featuring nude, healthy, young people tastefully covered up in, what else, organic produce. As reported by *The Providence Journal*, the calendar, entitled "Ripe 2008," is an effort to draw attention to locally grown produce. Along with pictures, the display of each month lists the various local produce in season that month along with a correlating tasty recipe. The calendars cost \$15 and are available at the Brown Bookstore, the Farmstead store, and www.farmfreshri.org/ripe.

National

Banned Mascot Allowed at Homecoming

Last week the University of Illinois retired its mascot, "Chief Illiniwek," an American Indian. However, Chancellor Richard Herman reversed his decision and allowed the logo of the mascot to be used on homecoming floats.

"The university values free speech and free expression and considers homecoming floats, decorations, costumes and related signage all representations of such personal expression," a representative of the University told *The New York Times*. Thousands of spectators attended the parade, and it is speculated that over half of them wore the likeness of the mascot somewhere on their personages. Chief Illiniwek was retired due to pressure from the National Collegiate Athletic Association because he was viewed as racial stereotype from another time.

International

Darfur Peace Talks Continue

The second day of peace talks in Sudan on Sunday, Oct. 29 saw mixed results, as some rebel groups desire unity while some threaten secession. The leader of one of Darfur's biggest rebel armies, the Justice and Equality Movement, said, "We are not a secessionist movement. We are fighting for political rights, economic rights, and social rights in a united Sudan. Africa has been separated enough," as reported by *The New York Times*.

Meanwhile, Abdel Majid Dosa from the National Movement for Reformation and Development rebel group threatened secession, and rhetorically asked *The New York Times*, "What is the point of being part of a nation state like Sudan?"

Sunday also marked the end of the ceremonial opening of talks. Delegates from rebel groups and the Sudanese government will soon begin the more difficult, private talks regarding agenda and cease-fire.

Technology

Problem With International Space Station

During their spacewalk on Saturday, Oct. 28, astronauts aboard the International Space Station made the startling discovery of metallic shavings inside the right rotating joint assembly. There are two rotating joint assemblies, ten feet in diameter, on the shuttle, one on each end of the station's truss. They are technically referred to as Solar Array Rotating Joints, or SARJs, and they facilitate the rotation of the shuttle's solar panels to constantly face the sun.

Unfortunately, further inspection regarding the shavings could delay the December mission. Luckily, however, the lead space station flight director told *The New York Times*, "as long as we can get into an attitude that's reasonably good for power generation, combined with what the other SARJ could produce, we wouldn't have any significant power impacts that we couldn't deal with."

Oddly Enough

Museum Showcases Heartbreak

There has never been anything popular about a painful break up, until now.

The Museum of Broken Relationships, a traveling exhibition, began in Croatia and has recently moved to Berlin where it has been a hit.

The show is comprised of objects that were part of relationship strife. Over 30 items have been collected in Berlin alone and the show has a total of over 300 exhibits.

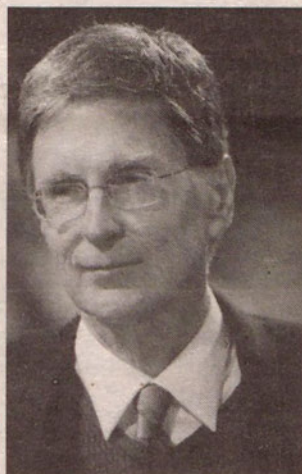
Items such as a wedding dress and an axe that was used to cut an ex's furniture were donated from Berlin, BBC reports. Every piece donated also has a short story explaining its significance. The show plans to continue taking items as it moves on to Belgrade, Skopje, and Stockholm where it will continue to make success out of unsuccessful relationships.

By Diana Gingles '08, World Staff

Soundbite of the Week

"It means the first one wasn't a fluke."

- Red Sox owner John Henry remarking to *The Washington Post* about the Red Sox second World Series Victory



MLB.COM

The Washington Correspondent

Mary Kate Nevin '09 Reports the Latest International News

Putin Denounces U.S. Missile Plan, Likens To Cuban Crisis

RUSSIAN PRESIDENT Vladimir Putin, who has been at diplomatic odds with the United States in recent weeks over a United States proposal to build a missile defense shield in Eastern Europe, compared the plan on Friday, Oct. 26, to the Cuban missile crisis.

"Analogous actions by the Soviet Union, when it deployed missiles in Cuba, provoked the [Cuban missile] crisis," Putin said at a news conference after concluding the European Union-Russian summit in Portugal. "Such a threat is being set up on our borders."

The United States is looking to expand its missile defense system by installing 10 interceptor rockets in Poland as well as a radar tracking base in the Czech Republic in order to defend against any long-range missile attacks from countries such as North Korea or Iran.

The new sites would be part of an existing missile shield which already has defenses in California and Alaska, and, if expanded to the degree proposed by the United States, could protect all of Europe from a long-range missile fired from the Middle East.

Russia, however, strongly opposes the idea, saying such a system is not required for anytime in the foreseeable future because no country in the

Middle East, including Iran, is close to developing missile technology that could threaten Europe or the United States. It also claims U.S. defense bases in Eastern Europe could undermine Russia's own missile deterrent force, as the United States conversely feared in 1962 when Soviet nuclear presence was discovered in Cuba.

State Department Spokesman Sean McCormack, however, asserts the situations are incommensurable.

"There are some very clear historical differences between our plans... and the missiles that were being installed in Cuba in the 1960s..."

-Sean McCormack of the State Dept.

"There are some very clear historical differences between our plans to deploy a defensive missile system designed to protect against launch of missiles from rogue states such as Iran, and the offensive nuclear capability of the missiles that were being installed in Cuba back in the 1960s that were targeting the United States," McCormack told *The New York Times*. "I don't

think that they are historically analogous in any way, shape or form."

McCormack added that "a number of innovative proposals with respect to missile defense," are being developed, and "we'll see in the coming weeks and months whether or not Russia does truly want to cooperate on the issue."

One such proposal involved allowing a Russian presence at U.S. missile defense sites, including the projected ones in Poland and the Czech Republic, to increase transparency and cooperation. Such a plan first must be agreed upon by the governments of the respective host countries before it can be negotiated with Russia.

The United States aim is to have the Polish and Czech sites ready for limited operation by 2011 and fully operational by 2013.

Defense Secretary Robert Gates has said, however, that there is a possibility the United States might delay activating the proposed sites until it has "definitive proof" of a missile threat from Iran.

"We would consider tying together activation of the sites in Poland and the Czech Republic with definitive proof of the threat—in other words, Iranian missile testing and so on," Gates said in a news conference on Tuesday, Oct. 15.

Grandma Knows Baseball



BY MICHAEL PETTINARI '09
COMMENTARY STAFF

NATIONAL

"You know Michael," she said as she sipped her cup of tea and rubbed her fingers together. "It's really all about the money."

At the time, I didn't think much of the comment made by my grandmother on a typical fall Friday afternoon. It was cool, not overly cold, but cool enough to let you know fall was approaching. I was excited. Fall meant post-season baseball. Fall meant the Red Sox were in the playoffs again, and the team was looking good. Overall, October was going to be a great month.

Two weeks ago, I received a newspaper clip from my grandmother in a Halloween card she sent me. The headline read, "Late Night Games Hurt Young Fans." As I read the article, I could hear my grandmother's voice echoing in my head. From all the conversations I have had with my grandmother, one thing can be concluded: The lady hates network television. More specifically, she hates sports on network television. She thinks the NFL is run by the mob, that a pickup game of pond hockey is the purest and most exciting form of sport, and most importantly, for our purpose in this piece, that playoff baseball is something created by a secret organization to gain the most amount of money possible.

As I finished reading the editorial column, however, I realized that the guy had a point. Baseball is a game that has relied heavily on its love from the younger generations. We hear many athletes every day say that they decided they wanted to be a professional athlete at the age of five and nothing was going to stop them. Granted, I wanted to play second base for the Boston Red Sox at age five too, but I completely agree with the idea that playoff baseball is on way too late. These games do not start until way past their scheduled 8:00 p.m. And nine times out of 10, the first pitch is not even thrown until close to 8:30 p.m. My younger cousin is a bigger Red Sox fan than I will ever be, and he's eight. My aunt, who can be a little over-protective at times, would never let him stay up past 9:30 p.m. on a school night. Since these games are now being shown at the primetime slots, the ratings are higher. Higher ratings equal higher profits. And higher profits make the network very happy. But the times make my eight year old cousin miserable. It's just sad to see a kid who genuinely loves the game of baseball not see his favorite team win it all in its entirety. Instead, he has to wait until the next morning so he can see the results on Sportscenter, which (no disrespect to Sportscenter), is not as good as seeing it happen live.

Perhaps it is just an East Coast thing and it applies directly to the most recent playoff race and its importance to the younger members of "Red Sox Nation," however stupid that term is. But my grandmother was right. I know I should stop complaining, and I promise this should be the last whiny article you'll read (unless Al Gore makes me mad again). But it really is all about the ratings and money, when it should be about the love of the game.

Howard Zinn Speaks at Rally

Peace Rally Shows the Real Cost of The War in Iraq



BY JACKIE KRAMER '10
ASSISTANT COMMENTARY
EDITOR

CULTURE

When I had planned to go to the National Mobilization to End the War in Iraq protest on Oct. 27 in Boston (there were sister protests happening in 10 other cities across the country), I did not plan to see Howard Zinn. I planned to join with members of the Northeast who, like me, want the war to end and equality and peace to prevail. When I heard my favorite author was going to speak at the event, however, I knew I would be a part of history in the making.

I never thought I would get the opportunity to hear Mr. Zinn speak. Veteran, activist, college professor, community organizer, and historian; he changed my life. After I read his autobiography, *You Can't Be Neutral on a Moving Train: A Personal History of Our Times*, I was awestruck. "You can't have a war on terrorism, war is terrorism," Zinn proclaimed as the crowd of an estimated 10,000 cheered and tears began to fall from my eyes. In his next sentence, Zinn showed how dynamic a speaker he is by cracking a joke, causing the whole audience to laugh—and me to forget my tears.

Howard Zinn is 85 years old. He was born in Brooklyn, N.Y. As a fighter pilot in World War II, his experiences caused him to detest war. In the 1950s, he became a teacher at Spelman College, a segregated college for African American women in Atlanta. Zinn helped to lead his students to tear down the walls of inequality and he became an advocate for the civil rights movement in the South. Later, he took a teaching position at Boston University, where he spoke and protested adamantly against the Vietnam War.

He has been arrested, documented, and questioned, and still all his activism is peaceful and powerful.

Students in the 1960s and 70s led some of the largest anti-war protests and peace rallies in the nation, which I truly believe helped end the war. Howard Zinn inspired and incited those people. I knew he'd be doing the same this past rainy Saturday. I just never thought he'd have to speak out against an unjust and illegal war again. Aren't we supposed to learn from our mistakes? I guess history really does repeat itself.

The war in Iraq costs, according to a pamphlet printed by the American Friends Service Committee, \$720 million a day. That is enough money to provide 423,529 children with adequate health care; 34,904 four-year scholarships for college students; 1,153,846 children with free school lunches; or build 84 new elementary schools—and that is just one day. If money is no object, and these numbers mean little, why don't we look at the war in terms of cost of human life? According to the Iraq Coalition Casualty Count Web site, 3,838 Americans and over 45,000 Iraqis (civilians included) have died as a result of American occupation. As of Oct. 23, the Web

site lists the total number of U.S. Iraq War casualties plus soldiers evacuated by Medical Air Transport as 61,344. That is 61,344 dead, missing, or wounded. Enough is enough.

Robert F. Kennedy said, "Few will have the greatness to bend history; but each of us can work to change a small portion of events, and in the total of all those acts will be written the history of this generation. . . It is from numberless diverse acts of courage and belief that human history is thus shaped. Each time a man stands up for an ideal, or acts to improve the lot of others, or strikes out against injustice, he sends forth a tiny ripple of hope, and crossing each other from a million different centers of energy and daring, those ripples build a current which can sweep down the mightiest walls of oppression and resistance." I may not be able to change the course of this country. I may never be able to say that I was a great protestor or peacekeeper like Howard Zinn or Robert F. Kennedy. But I can say that, together with 10,000 others in Boston and 100,000 others across the country, I stood up for my ideals. We sent out a ripple of hope and peace. Maybe that will be enough.

PHOTO TAKEN BY: EMILY VISTICA '10



"The Iraq Veterans Against The War" speak at the Peace Rally in Boston on Saturday, Oct. 27. Others who participated in the event included artists, musicians, prominent speakers, as well as the 10,000 people who marched.

It IS a Small World After All



BY SHANNON OBEY '08
COMMENTARY EDITOR

SOCIAL

Everyone who has ever been to Disney World in Orlando Florida has heard the song "It's a Small World After All" one too many times. But personally, when I was 5 years old I did not stop and think about what it meant. Today it is used most often to express the coincidence of meeting other people you thought you would never run into in that place or situation. With more than 6 billion people on this planet, a number which is increasing every second, the world is indeed becoming smaller as more people take up land that once was not overpopulated. But although the amount of room each individual has is decreasing, making our lives more crowded with different faces, we still tend to run into the people we know.

Although you do not know them by name, there are some people you see all the time around campus. Whether you take the same route to and from class, you spilt beer on them at your weekly encounters at Oldes, or you eat at Slavin at similar times the fact that we are all creatures of habit, insures that we see the same faces making it "a small

world," or rather, a coincidental sequence of events. I once decided to take an alternate route to class one day and I saw hundreds of students I never knew existed before that day.

But there is a whole other world outside of Providence College believe it or not. When I was abroad last fall in Prague, Czech Republic, I ran into even more Providence College students than I could count. What are the chances, for instance, that in Venice, I coincidentally went to a club that other PC students from Florence were at when they went on a trip with their program; In Florence, the bartender was a PC student; In Prague, I ran into two PC students when we were going opposite ways trying to catch a train. In Seville, my friend from Prague and my friend from PC met through mutual friends. In Rome, I went on a pub crawl and met kids who also studied in Prague with PC students—basically Italy was overpopulated with PC kids—but the chances that I would go to the same places as all these people is unfathomable. And yet, with the millions of people in Europe, I happened to run into a few of the 4000 or so students I go to school with. But then again, this happens everyday.

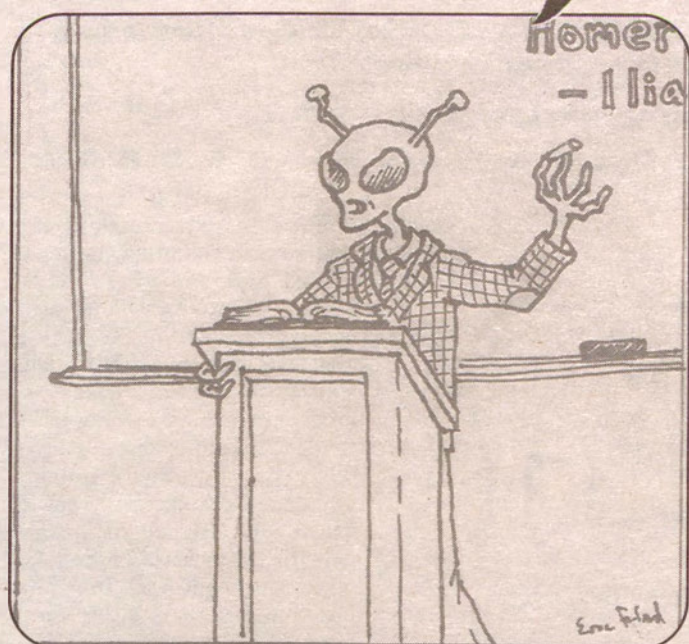
I was in Washington D.C. with *The Cowl* staff this weekend: Six hours by train from Rhode Island, far away from anyone I know. Yet when the Red Sox won a game on Saturday, Oct. 27, I heard

someone express their support. After talking to him for a few minutes, we found out, not only did he live in Massachusetts, like me, but when my dad was running for state representative last spring, he worked on my dad's campaign and had been to my house. Another girl on the trip ran into her aunt while we were at the Washington Monument. The "coincidences" that occur from day to day seriously boggle my mind and I wonder how it is that all these events occur.

If you have not played the game "six degrees of separation" than I am sure you have heard of it. I have played many a time and never have I ever failed at finding the six degrees between two people. But then again, I play with celebrities, and I find it very hard to believe that there are six degrees of separation between two non-famous people.

But then again, there are over 6 billion people on this planet. We see hundreds of faces everyday that we do not recognize and yet we see tend to run into those few people we do know in the most obscure places. But, perhaps it is because when we do see a familiar face out of all the faces we do not recognize, the shock is engrained in our brains, just like the song is after riding on the Disney World ride once, making it appear that it happens more often than it actually does. Regardless, Walt Disney had something right: It certainly is a small world after all.

BY ERIC FULFORD '08
COMMENTARY STAFF



"Unbeknownst to his students, Halloween was the one day of the year that Dr. Paulsen DIDN'T wear a costume to class."

Letters to the Editor:

PC Students Called to Wear Red Ribbons for Hurley Workers

Ramon Ortiz has cleaned 22 Providence College classrooms every weeknight for the past nine years. When he returns home in the morning, he helps his three children get ready for school, in hopes that one day they will attend college and that their futures will hold opportunities for growth and advancement. Ramon works the "graveyard shift" at PC, an unfortunate but common necessity for parents struggling to make ends meet. Ramon treasures the time he has with his family, though his current economic situation makes it difficult to secure this time: He often has to work overtime on weekends in order to cover the rising cost of living in Rhode Island. Ramon is only one of more than 40 Hurley of America janitors contracted at PC. For the Hurley employees whom we have had the privilege of speaking with, keeping campus facilities clean and orderly is extremely important, but also extremely demanding. Hurley employees explained that they work hard to create a welcoming "home away from home" atmosphere for resident students. However, their work becomes progressively daunting when the workload is increased disproportionately to wages. As Catholics, we

are called to work for greater economic justice in the face of poverty and inequality. We must respect the duties and rights of workers in all vocations. In his encyclical "On Human Work," Pope John Paul II reminds us of the power and dignity of the worker: "It is characteristic of work that it first and foremost unites people. In this consists its social power: The power to build a community . . . It is clear that, even if it is because of their work needs that people unite to secure their rights, their union remains a constructive factor of social order and solidarity." In the coming month, the PC janitorial staff will be renegotiating their contract with Hurley of America. The voice of the entire Providence College community will be instrumental in ensuring that the needs of the janitors are met. As a group of concerned students, we urge you to display red ribbons to demonstrate your appreciation and support of Hurley employees. We hope to unite faculty, staff, and students around this current issue of justice for Hurley employees.

—Anne Provo '10, Kerry Bergin '09, and Other Concerned Providence College Students

THE COWL

PROVIDENCE COLLEGE'S STUDENT NEWSPAPER SINCE 1935

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Tangents and Tirades

A virtual vacation. This weekend I decided I was going to try a lesson in self-control. I left my computer closed on my desk the entire weekend, from Friday to Sunday for 48 hours. No word processor, no Facebook, no instant messenger, no e-mail, no online Scrabble (I am addicted and not ashamed), no music player—I almost went nuts. It is really crazy to realize exactly how much I personally depend on my computer when I try to go two measly days without it. I survived, however, and it was actually good for me—I got most of my reading for classes done instead of wasting time online. It is really worthwhile to step away from the computer screen for a few days and experience the brisk autumn weather and the satisfaction of being productive. I highly recommend upgrading your own system by shutting the computer down for a little while. Try it, the world won't byte.—**Ben Perry '10**

Troop escalation proving a success. These past few weeks have been disappointing for the Democrats and the main-stream media with a lot of positive news coming from Iraq. To make things worse, a Swiss *Reuters* source has reported from Baghdad that "Violence in Iraq has dropped by 70 percent since the end of June, when U.S. forces completed their build-up of 30,000 extra troops to stabilize the war-torn country . . . the troop buildup has succeeded in quelling the violence." In response to such news, Senate majority leader Harry Reid (D-Nev.) recently characterized President Bush's plan as a "failed war-strategy" and is attempting to disrupt the President's request to get further funding for the wars in Iraq and Afghanistan as well as other national security programs. The Democrats have made opposition to the war in Iraq a fundamental part of their party platform. As a result, they are doing everything in their power to ensure that the United States will not achieve victory in the Middle East. Success in Iraq could pose problems for the Democrats in upcoming elections.—**Mark Scirocco '10**

And the award goes to . . . Club Phil's. I would just like to commend the Phillips Memorial Library staff for making the library a very nice place to be these past three weeks. Since I have been spending every available moment in Club Phil's, I have become rather friendly with the reference and circulation staff. They are extremely polite when they ask me to leave at 2:00 a.m. and I appreciate their kindness in the face of the three weeks or so of studying for midterms, writing papers, planning lessons, and working on my portfolio. They have also been more than accommodating about the 15 or so books I have currently checked out of this fine establishment. Despite their kindness, however, I am looking forward to the week of November 12, when I will get a temporary reprieve from Phillips Memorial.—**Besty Rouleau '08**

The Grinch that stole Halloween. While walking around Providence Place Mall Saturday afternoon in search of a Halloween costume, I suppose I should not have felt surprised when I saw Christmas lights adorning the outside of Hollister. Instead of feeling a surge of excitement at the realization that Christmas is soon to be here, the sight of big, shiny, luminescent bulbs decorating the exterior of the store left me rather disappointed. Here it was, four days before Halloween, and already, the retail world has wasted no time. Head down to Bath and Body Works and you can even smell like Christmas and lather up with some Vanilla Bean Noel or Winter Candy Apple lotion (ugh). Don't get me wrong, I thoroughly enjoy getting into the holiday spirit, but October? I love Halloween, and to be honest, this holiday has not been justly recognized. Free candy, dressing up like you are a five year old, jack-o-lantern carvings—what's not to love? Halloween is way too much fun to be cut short. Furthermore, these bulb and lotion sightings only confirmed the reality that I am now an impoverished college student who has to purchase gifts, and will more than likely be giving my family presents wrapped in newspaper at the rate my bank account is going. What's next? With Thanksgiving approaching, don't be appalled if your turkey comes wrapped in a knitted Christmas tree sweater.—**Taylor Trudon '11**

You know what they say about sequels . . . My roommate got *Guitar Hero 3* the other day, and, not surprisingly, it is beginning to kill my social life once again. There are not a whole lot of video games that are legitimately addicting for me, but this one is right up there with nicotine. Of all the games in the series, it easily has the best set list, the most amount of songs, and you can play anything from Guns N' Roses to Rage Against the Machine. Despite how cool this all sounds to you guys out there, it really is not that great. It may be fun to shred on someone else's songs by jamming your fingers on a multi-colored piece of plastic, but that is about it. You can impress your friends when you are around a TV, but you will not impress anyone when you start playing an air guitar version of "Welcome to the Jungle" around the campfire with your XBOX 360 guitar controller. I like *Guitar Hero*, I've been hooked on it for a year now, but I cannot help but feel a little sorry for myself when I think of how much cooler it would be to become good at playing an actual guitar instead of mastering a \$50 guitar-shaped controller. So take my advice and keep your money away from those bloodsuckers at EB Games. Instead, take a road trip over to Guitar Center this weekend, charge a new acoustic guitar to the "emergency" credit card your parents gave you, and sign up for lessons at the Smith Center for the Arts. Now *that* is cool.—**Aiden Redmond '08**

Shiver me timbers: This costume really walked the plank. So it's Halloween season and with all the parties, on and off-campus, it is essential to come up with a great costume. I headed to Spencer's Gifts in the Providence Place Mall to find something that would be a hit. Although they had a large collection of costumes for girls—scantly-clad nurses, devils, school-girls, etc.—the selection for boys was severely limited. I managed to find two costumes that I liked, a pirate and a priest. As this is PC, I decided the Friars might not be happy seeing me wear their daily attire as a Halloween costume, so I decided to go as a pirate. Needless to say, I should have been a priest. The pirate costume set me back \$30, first of all, but I thought it was worth it because it looked cool on the package. When I put it on, however, I looked less like Captain Jack Sparrow and more like Captain Jackass. It was too big, the belt broke halfway through the night, and the bandana looked more like a hairnet. Next year I'll probably just go as a hippy. Slap on a pair of jeans, a tie-dye shirt, and a peace-sign necklace and you're good to go.—**Andy Kowal '10**

Cowl Letters Policy

The Cowl welcomes guest commentaries and letters to the editor from all members of the Providence College community, as well as outside contributors.

All submissions must include the writer's name, signature, a phone number, and an e-mail address where he or she can be reached. Articles will be printed as space permits. Anyone whose letter is given consideration for publication will be contacted by the Commentary editor to verify the author and confirm the authenticity of the piece.

Letters should be no more than 250 words in length. Guest commentaries should be limited to 700 words in length, and only one will be published per week. *The Cowl* editorial board and its administrative supervisors reserve the right to edit articles for space and clarity. If there is a portion you specifically wish to remain unchanged, however, please inform the editor-in-chief. Letters to the

editor are the opinions of the writer only and do not reflect the viewpoint of *The Cowl* staff.

Submissions must be delivered, mailed, or faxed to *The Cowl* office no later than 5:00 p.m. on the Monday before publication. Mail submissions to 549 River Avenue, Providence, R.I. 02918, Slavin Rm. G05; fax to 401-865-1202; submit online at www.thecowl.com; e-mail to thecowl@providence.edu; or hand deliver to *The Cowl* Office in Slavin G05. Call 401-865-2214 with any questions.

Weekly Subscription Rate is \$30.00 per year by mail. Student subscription is included in tuition fee. Correspondence can be mailed directly to: *The Cowl*, 549 River Avenue, Providence, R.I. 02918, Slavin G05.

POLITICAL PONDER

Once a month, Commentary will feature members from PC Democrats and College Republicans in a special forum to better inform YOU about the issues at hand.

This Month's Topic: Illegal Immigration

BY MAGDALENA GARCZYNSKI '10
PROVIDENCE COLLEGE
DEMOCRATS MEMBER

Imagine your family. You probably have a slew of traditions—family dinners, outdoor activities, maybe playing some family baseball (after all, this is Red Sox Nation!) and perhaps even weekly religious gatherings. Sounds nice, right?

Now, imagine waking up at night and walking downstairs to see your father handcuffed by the police for some unknown reason. That is exactly what 15-year-old Michael Zajac of Garfield Heights, Ohio, witnessed on July 16, 2007, when Michael and his four siblings learned that their parents, Teresa, age 36, and Stefan, age 62, had been living in the United States illegally for the past 20 years. They had been “caught” when Teresa went to renew her driver’s license. A couple days later, Stefan was thrown into Bedford Heights jail where he sat next to those who had committed severe acts of crime, such as assault or theft. But the most outrageous aspect of the Zajac story is that Teresa and Stefan applied for legal citizenships in the early 1990s after their visas had expired and were both denied. The United States had no reason to deny them, especially since they had not committed any felonies, they had stable jobs, and they were paying U.S. taxes.

Many readers may think, “Well, the Zajacs’ should have left when they were told, and then reapplied for citizenship.” What most do not know, however, is the difficulty of traveling into the States. Out of all the 193 countries of the world, 166 require the application of a visa for its citizens to be able to legally enter the United States. To apply, one must submit an application at least six months in advance. Once visas are given and a traveler has landed at a U.S. airport, immigration officials at each airport must again review the traveler’s information before the traveler may officially enter the country. Often, travelers are denied and told to take a plane back home. This is very risky for travelers since all third-world country visitors need visas to come into the United States and for third world residents, plane tickets are not easy to afford.

Additionally, the Bush administration plans on extending a wall on the border of Mexico and the United States, and intends to assign members of the National Guard to monitor border activity. The Bush administration believes that careful monitoring of who enters the country will help the war against terrorism. Yet, Bush fails to remember that many potential terrorists are legal residents living in the United States (either by citizenship or by possession of a green card). These terrorists merely need the right weapons to

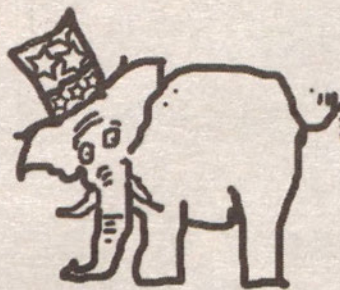


cause another 9/11 attack. The Bush administration *should* focus more on weaponry crossing the border with imports, considering, according to Graham Allison’s article in *Foreign Affairs Magazine*, “of the seven million cargo containers that will arrive at U.S. ports [in 2004], only two percent will be opened for inspection.” It does President Bush no good to control the borders when legal terrorists *within* are being supplied with ammunition.

The Zajacs story is one of thousands. Though tragic, it is a lasting problem, to the degree that the deportation of illegal immigrants may even directly affect our personal lives as citizens. Economists predict that if the nearly 12 million illegal immigrants in the United States were to be deported, it would have a devastating affect on the U.S. economy. The low-end jobs that immigrants work—construction, agriculture, and hospitality—would be vacant and there would be a desperate attempt to fill the void. All employers would have to raise wages, making other jobs more appealing. To compensate for the new wages, employers would have to boost prices of services they provide. Consumers would thus be unwilling and unable to buy as much. Governments would also decrease spending on social services such as health care, since there would be 12 million less people to provide for.

With the elections at hand, it will be interesting to see how the newly elected president will handle immigration. Though Republicans and Democrats tend to differ radically on social matters, one thing is certain: All candidates have stated a belief in securing our borders to create a safer environment for Americans—free of terrorism. Where they will stand to differ, though, is in the measures they take and in seeing what will become of the illegal immigrants in this country. Candidate John Edwards reminds us that securing the border must be “married to a policy that embraces who we are... we are a country of immigrants.”

Remember: it could be *your* baseball-playing, jointly-dining, church-attending family that is ultimately affected.



BY MIKE BURKE '08
COLLEGE
REPUBLICANS MEMBER

In the past few years, the problem of illegal immigration has become a hot-button issue in American politics. Much of the country has become divided on this issue, with large protests occurring in major cities, including Los Angeles. Meanwhile, citizens in Texas have organized volunteer patrols to secure the border with Mexico. Illegal immigration has been a problem for many years in the United States, with far too many people being able to disregard our laws and easily sneak into our country without detection.

While America has relied on immigrants to contribute to our nation since the 1800s, illegal immigration today has placed a strain on the U.S. economy. Whereas in the past immigrants were forced to assimilate into society and learn English, illegal immigrants today often remain isolated from society and never learn to speak our nation’s language. This illegal status inherently prevents them from realizing many opportunities available to our country’s many legal immigrants, such as a better career and a chance for citizenship. As they do not pay taxes, illegal immigrants place a burden on public school systems and hospitals while augmenting the already massive strain on government budgets. Also, a number of illegal immigrants turn to crime due to few decent paying job opportunities.

In order to fix the problem of illegal immigration, the government must make it more difficult and less attractive for individuals to enter the United States illegally.

The first step to making it more difficult for illegal immigrants to enter the United States is to secure our nation’s borders. More personnel are needed to patrol not only the Mexican border, but also our border with Canada and our shores to prevent illegal immigrants entering from other nations. In addition to illegal immigrants, drug smugglers, terrorists, and other criminals also take advantage of our weak border security. Those who are caught crossing the border illegally must be refused entrance without exceptions. It is in America’s best interest to increase the number of border patrol personnel, as well as to develop surveillance systems to assist in patrolling the borders.

Making illegal immigration difficult is not the only aspect of working to address the problem. As efficient as border patrol may become, some will still find a way to sneak into our country. Our legal system needs to change in order to make our laws less accommodating to illegal immigrants. While many American businesses may prosper by employing illegal immigrants who are willing to work for low wages, our government is not able to collect taxes from these workers, and in some cases they take jobs away from legal immigrants or other citizens who seek employment from the same job market. To correct this problem, the U.S. must expand its work visa program and allow additional workers to enter our country legally. The government must crack down on businesses who continue to employ illegal immigrants by enforcing monetary penalties severe enough to make doing so no longer profitable. While I believe America should continue to allow a number of immigrants to enter our country legally, we must encourage true diversity and allow immigrants from all over the world if we want to continue our melting pot image. Contrary to what some may argue, allowing countless immigrants from one border nation does not constitute a “melting pot” but only a massive exodus and a depletion from one country’s population and work force resulting in the detrimental inundation of ours.

For more information on what it means to be a Republican or a Democrat in Rhode Island come to “Get Ready: A Student’s Guide to Political Parties” Tuesday Nov. 6, Feinstein 400

Moderation is Key to Being Healthy

BY MARYCLAIRE DUGRE '10
COMMENTARY STAFF

As the weather gets colder and the holidays approach, two images invariably surface in my mind. One is a mouthwatering preview of the seasonal delicacies

CULTURE

I will undoubtedly be stuffing into my mouth. The other is a horrific close-up of a new pair of love handles that has sneakily and firmly settled itself upon my mid-section. While the former fills me with anticipation for future celebratory feasts, the latter directs my feet towards the gym, where I will attempt to cancel out the brownie I devoured earlier.

I presume I am not the only one who is conscious of weight gain and healthy eating. In a world where the calorie is the arch-nemesis and the phrase “No trans-fats” is the green light to guilt-free eating, how could I be? Yet despite the growing awareness of healthy living and advice on smart food choices,

America is by far the fattest country in the world.

On my MSNBC homepage I noticed a flashy map of the United States charting the increase in obesity rates of all 50 states. According to the data, the presence of obesity in adults in Rhode Island has soared from less than 10 percent in 1985 to 21.4% in 2006. Apparently, Providence College students are not the only ones indulging in Frankly Pizza. The problem has even been deemed an epidemic, as if it were a medical crisis with no real cure. The issue of obesity in America has consequently received much attention from the media. Advertisements for exercise programs and nutrition plans have become commonplace in our culture, completely drilled-in, accepted notions. Still, the statistics suggest a contrary reality. What is the reason for this? If Tae Bo fails to tone our muscles, Atkins cannot deter us from bread and meat, and Dr. Phil’s motivation falls on deaf ears, I cannot fathom an alternative that will yield positive results.

Perhaps the problem is just that—too many options and too much pressure to be fit. I tend to think the harder we try, the more futile our efforts will prove. The older generations had it right. Our parents never had Jenny Craig, organic food was for hippies, and nobody premeditated working out. Girls rarely even played organized sports. They ate sugar cereal and meatloaf and suffered minimal, if any, detriment to their waistlines. There seemed to be less of a desire to be thin and yet less of a problem with getting fat.

Maybe it is merely psychological. Or could it be global warming? Whatever the causes, the facts remain. Not all of us need to watch what we eat or exercise to stay healthy, but those that do have a few choices to make concerning possible plump that may not be so pleasant after all. One could find a million different ways to work the abs on one of those fold up, slide-under-the-bed-when-you’ve-finished-a-15-minute-workout contraptions, live off of 100 calorie packs (because we all know

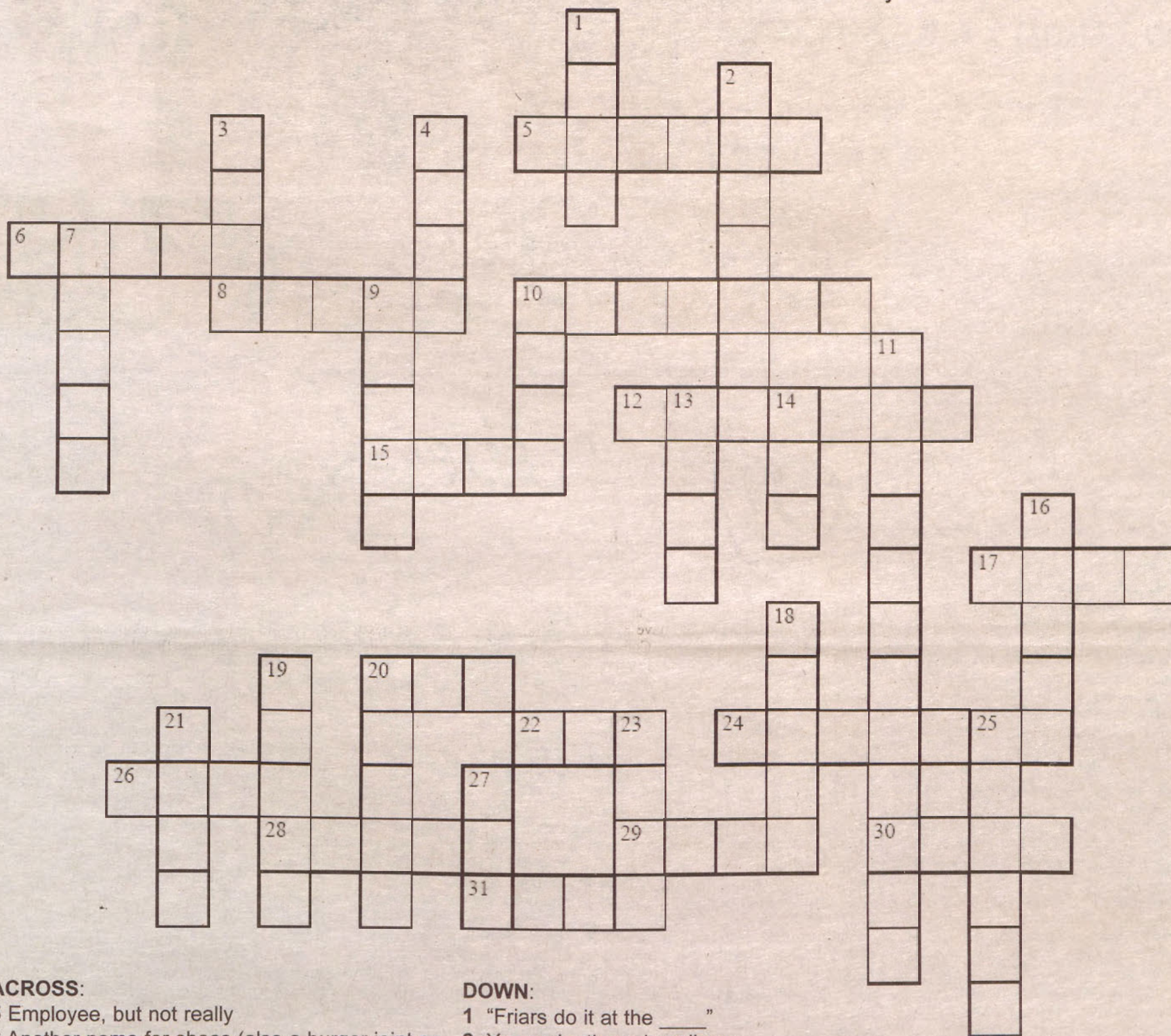
that Doritos are good for us when they are only 100 calories), or try Trimspace, which worked wonders for Anna Nicole Smith, may she rest in peace.

Or, one could assume a relaxed, stress-free lifestyle without all the rules and weigh-ins and will power. I call it Maryclaire’s Laissez-Faire Approach. If everyone would calm down, stop trying to starve themselves, and simply live and eat normally, I believe the results would be quite positive. I invite anyone tired of the obsession over weight to join me in my apathy. I promise a slice of pizza will not kill anyone, although it must be said, neither will a brief run around campus. While we should be ever cognizant of our health, we could benefit from a more reasonable mindset. The key is moderation. If we can apply this principle to our daily routines and try harder not to try, I foresee a thinner and happier generation of Americans taking shape—of course it would help if it were IN shape as well!

The Cowl *has a. . .* *CROSSWORD PUZZLE?!*

The Cowl's First Crossword!

BY: Ricky LaBontee

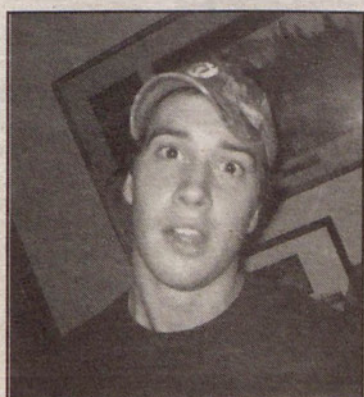


ACROSS:

- 5 Employee, but not really
- 6 Another name for shoes (also a burger joint on Thayer)
- 8 Chef's best friend
- 10 College student's favorite band
- 12 _____ Bakery
- 15 1991 Robin Williams film
- 17 Star of the show
- 20 PC Freshman's worst nightmare
- 22 Editor of *The Cowl*
- 24 Born without a father
- 26 Primary source of information
- 28 Sign over some doors
- 29 Paralyze
- 30 Son of Zeus and Hera
- 31 Insane

DOWN:

- 1 "Friars do it at the _____"
- 2 You make these in college
- 3 Game of global domination
- 4 "There's no place like _____"
- 7 Almost useless currency
- 9 Brawl
- 10 Leader on *LOST* island
- 11 Most intense competition at PC
- 13 _____ lang syne
- 14 Makes guitars louder
- 16 Listened
- 18 Unadorned
- 19 "_____ hike, pal."
- 20 Dante's chapter
- 21 Snack at Church?
- 23 Talented Pats athlete
- 25 Peanut-buttery Halloween treat
- 27 Old pot



Thank you Variety-games.com

Hey guys. It's Ricky, the stupid Roving editor. After MUCH deliberation, I have decided to dedicate this week's Roving Photography section to - yes, you guessed it - a Crossword Puzzle! Surprise! I hope you all enjoy it. BUT HEY! There's a catch. The first human being to return a fully completed puzzle to *The Cowl* office (Slavin G05) will be featured in next week's Roving Photography section! Good luck, and happy Cross...word...ing.

Love,
Richard Anthony LaBontee II

A Gossip Columnist in Iraq

BY RYAN BURNS '08
A&E STAFF

More than ever in today's mainstream media, entertainment and lifestyle news often dominate newscasts, magazines, or publications. Because of this, gossip columnists and anyone with a camera are desperately trying to find the juiciest story or the newest embarrassing picture of a celebrity who has fallen from grace. With this in mind, *The New York Times* editorial writer Nicholas Kulish has written *Last One In*, a novel about an unwilling war correspondent and his struggle for survival in a hostile environment.

BOOK REVIEW

Jimmy Stephens is a gossip columnist for *The Daily Herald*, a tabloid paper that is well-known for its celebrity and lifestyle coverage. Stephens is in the twilight of his '20s and lives life lavishly, enjoying all the perks of the entertainment industry. Things take a turn for the worse when he reports erroneously that an A-list celebrity is cheating on his wife. Lawsuits are filed and the editor of the *Herald* makes Stephens fill in for its injured war correspondent in Kuwait. Stephens reluctantly accepts, only to save his job.

He is quickly sent with a Marine unit, and the stark lifestyle differences come to light almost immediately. The Marines can see through Stephens' slick-talking persona and are able to poke a little fun at him along the way. They are Stephens' window into the nature of war, and serve as a beacon of camaraderie throughout the novel. It is amusing to hear Stephens' surroundings in a war zone, as sometimes he describes them in a way that reflects his previous gossip career. Throughout his stint with the Marines, Stephens experiences humor, fear, and loneliness told with great honesty by Kulish.

Kulish himself has worked with a Marine attack-helicopter squadron for *The Wall Street Journal*, and this has clearly given him an inside look into how life in the battlefield truly is. Great fiction can sometimes come from non-fiction and Kulish does a great job in crafting a captivating and interesting story from something that he has experienced firsthand. Scenes such as the Marines playing a trick on Stephens may have been in part truthful thanks to Kulish's experiences overseas. Another effective tool that Kulish uses is witty dialogue and commentary not only from the main character, but also from some supporting characters such as certain Marines and Woody, a reporter who seems to be way too upbeat. This puts the reader in Stephens' shoes, and makes him easy to relate to as his struggles, concerns, and difficulties are magnified.

I was relieved that this book was not merely a mouthpiece for Kulish's own

Kulish/Page 14



GRAPHIC BY JOHN VAGHI '10

PHOTOS BY MARY PELLETIER '09

Off is the New On

BY JAMES MCGEEHEE '08
A&E EDITOR

Noises Off is the kind of production I would normally give an A-, but I can imagine some members of the cast and others who enjoyed the spectacle last weekend approaching me to say, "I'm kind of disappointed you didn't give it an A." Oh well, I'm still giving it an A-, but that's quite good, you know.

THEATER REVIEW

Since the 2005 opening of the Angell Blackfriars Theater in the Smith Center, its fall-semester stage has given audiences a dramatic tale of jealousy on par with *Othello* (*Amadeus*) and a less classifiable Shakespeare play (*The Tempest*). Now the theater draws its curtains aside to present Michael Frayn's full-bodied comedy, packed with pratfalls and British accents.

Frayn takes the play-within-a-play concept to showcase a dysfunctional cast of the play "Nothing On," as the backstage tension and antics between the actors build and transfer onstage to the production's utter detriment. As Michael Rubin '08 enters as the stagehand Tim and asks patrons to turn off their cell phones, etc., we get a (good) bad feeling. Nervous and sweating in a grey jumpsuit, he cannot find the spotlight and then, stuttering, announces the wrong play.

Act I follows a rehearsal for the play (within the play), as the actors continue to botch lines and stage directions. After Doty (Suzanne Keyes '10), who plays a maid in an English country house, forgets whether to remove or leave a plate of sardines (the sardines become a running gag that wears thin by Act III) on a table when she exits, a voice sounds down from the overhead speakers like that of God. This voice belongs to Lloyd (Devin Driscoll '08), who later claims he's starting to know how God felt when creating the

world. Lloyd, who, like many "successful" persons in the arts industry, has several chips on his shoulder, may be one of the two roles Driscoll was born to play. The other is a boisterous, goateed circus ringmaster who breathes fire as he wrestles with lions. (If someone writes this role, I guarantee Driscoll a long, prosperous career in theater.)

The play-within-a-play is mostly farce created by two couples—Brooke (Sarah Bedard '09) and Garry (Peter Cunis '10), and Belinda (Elena Blyskal '08) and Freddie (Justin Pimentel '10)—who do not know the other couple is in the house. The two couples both wish to employ the same bedroom for some afternoon delight—ah, British humor.

The funniest first act entrance belongs to Brian McCormack '08, who plays mentally-defunct actor Selsdon. Dressed in a black and white striped shirt, as if his character has just broken out of prison, Selsdon's slightly-stooped hobble, clueless face, and a penchant for Irish whiskey make him the funniest and most likeable character.

No actor wants to hear this, but the real star of *Noises Off* is the set. As Act II begins, the set rotates 180 degrees to place the audience backstage. And its backside is just as expertly crafted as the front.

Now a month into its run, the play should be a smooth operation, but the cast and crew have a few personal and creative differences to resolve. Well, mostly personal differences. Lloyd, the philanderer, has established romantic ties with Brooke and Poppy (Kiki Tarkhan '07), the stage manager. The knowledge that Lloyd played her is affecting Brooke's performances, so Lloyd believes he can clear up the mess by buying her "expensive 'looking'" flowers.

The second half of Act II gets a bit sloppy and confusing as Freddie and Gary fight over Doty (do I have that right?),

while Poppy and Brooke resort to using their fists. Gary eventually grabs an axe and eyes it with bloodlust. While Cunis may be acting off the script, he relied on an exaggerated mania in performing the physical comedy that is too over the top for my taste. (It got plenty of laughs, though.) By the time Lloyd kisses every (or almost every) actress in his troupe, including Belinda, as grunting and lip-locked he muscles her to the floor, three consecutive letters came to my mind—W, T, F. (The editors of this paper want me to make it clear that those letters stand for "willigers, this's fun!")

It's easy to forget the weaknesses of Act II when the stage rotates once more and the play returns to form in Act III. Throughout the entire affair, the ensemble cast shines forth. Having no lead actor, *Noises Off* gives every actor a chance to make an impression, and each actor does. I remember Bedard being excellent in last year's student production, "Five Women Wearing the Same Dress," and here she adds a certain grace to a ditz striding around in few clothes. Pimentel is just great at physical comedy. The standout performance (and it's hard to choose), however, belongs to Keyes, who nailed the accent, facial expressions, and a highly emotional and rage-filled waltz across the stage.

Peter Sampieri (a Resident Director at the Gamm Theatre) directs, and he instills the choreography with a fluidity absent from past productions I've seen at Providence College. While *Noises Off* does not deserve all the laughs it garnered Friday night, it's still stage comedy at its best.

GRADE: A-

Noises Off runs through this weekend, with shows on Friday and Saturday at 8:00 p.m., and on Sunday at 2:00 p.m.



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Sarah Bidinger '09 interviews singer/songwriting Dave Heath '09.



Page 14

Neil Francisco '11 reviews Steve Carell's latest comedy.

Cinema of the Living Dead

BY JOHN MANGO '10
A&E STAFF

I love Halloween as much as a fat kid loves . . . well as much as a fat kid loves Halloween (I'm pretty sure whoever came up with trick-or-treating had chubby children in mind). There's not one thing about it not to like. It has people embarrassing themselves with half-assed costumes (however, I find the half-assed costumes are almost always cooler than store-bought costumes, especially pirate store-bought costumes). It has the second best seasonal candy (Peeps, candy corn, candy canes, candied yams). Finally, it has horror movies.

I don't know about you . . . well no, that's a lie, I do know about you because I know everyone loves horror movies. However, I love the old school themed horror movies. I'm sick of watching films that think that gory is the same thing as scary. Look, movie guys making *Hostel* and *Saw 7*, if I wanted to be scared by gore I'd just read Sinclair's *The Jungle* or watch an episode of *Cops*. I prefer movies that scare you with frightening ideas (*An Inconvenient Truth* doesn't count) or really big monsters. I'm talking vampires, I'm talking that one guy that's always standing outside Clubbie's, and I am talking especially about zombies.

I happen to have a soft spot for zombies. We won't go into details, but there's something both frightening and titillating about creatures that seem to be the embodiment of the infamous Chumbawumba song. If you need me to explain, well, they get knocked down and they get up again, and you really can't ever keep them down. This accompanied by the fact that by the end of a zombie flick, the protagonists generally have to deal with more of them than there are candies in a box of Nerds—well zombie movies just present a complete package of horror that makes me feel warm and fuzzy (in an unorthodox meaning of the word). So naturally after a long week (and I mean long week, I'm talking every second was two seconds), the prospect of a free zombie film festival hosted by and situated at Cable Car Cinema (located by the river a short walk from Kennedy Plaza) was a more than succulent offer.

If you've never been to the aforementioned movie theater, do yourself a favor and make your way over there. The cinema includes a small café serving a plenitude of pastries (including actual whoopee pies, I mean like, whoopee pies so good it's like the Amish made them . . . by the way the Amish make really good whoopee pies in case you didn't follow that). The actual theater area is, for lack of a better word, logical. Someone finally realized that folding chairs suck, and people prefer to sit on couches, thus why couches are so popular in dens or living rooms or whatever

er you want to call the really comfortable room in your house. And that is what Cable Car has: Couches, lots of them, so many couches in fact that it looks like a Bob's furniture store (minus the eternally annoying Bob, of course).

So, finding myself in the ideal setting to enjoy a few movies featuring the not quite dead, I settled right in. The first movie was the Czech film, *Choking Hazard*, following the efforts of a few philosophers and a Jehovah's Witness porn star attempting to survive an attack by a group of mysterious zombie woodsmen in a remote hotel. As you can probably tell from the description, the movie was great. The scariest part about the whole movie was probably the

in the current conflict in Iraq was going to come back as a zombie to vote against the president. Now, personal opinions aside, I was there to watch zombie movies, not political movies. If I was in the mood for politics I would have gone to the Michael Moore film festival next door. I mean it's Halloween, couldn't we save the politics for November? And I think the worst part was the hateful, joyless laughter that the Brown crowd spewed out at every cheap and obvious joke the film attempted to make.

Please. Never watch this movie. However, bad zombie movie aside, the Cable Car Cinema is definitely worth checking out. Guys, bring your date there.



"They Are Night Zombies!! They Are Neighbors!! They Have Come Back from the Dead!! Ahhhh!": The Providence Zombie Film Festival, which ran from Oct. 26 to 30 at The Cable Car Cinema, screened recent zombie films alongside classics and rarities.

fact that Jehovah's Witnesses had even found a way to invade the porn industry, but if you enjoyed *Shaun of the Dead* (Kieran Whelan, this means you) definitely try and see this strangely grotesque, oddly hilarious film.

The next movie, *Homecoming*, wasn't quite so enjoyable. Actually, to put it about as bluntly as one can, I hated it. In fact, I think I hated it more than I hate cod nugget day at Ray. And if you've ever experienced the cod, I think you can appreciate how cold my hatred burns for this movie. The film suggested that everyone who died

I mean there's freakin couches for Jehovah's sake! And girls, if a guy asks you to Cable Car Cinema, go with him: I mean there's freakin couches for Jehovah's sake! So if you enjoy films featuring the festering undead, you're in luck because this free film festival still has a few more movies to shine on the sort of big screen. And if you miss the movies this time around, at least go to see another movie there, or just go to sit in the theater on the ever so comfortable couches, movie or no movie.

Last One In: The Trials of a War Reporter

continued from page 12

opinion about this particular war, but rather an overview of some of war's absurdities in general. Stephens is frustrated when he and his squad are sent off to a location, and forced to wait for what seems to be an eternity until something happens. People generally think of war as rapid fast-paced combat, but *Last One In* slows it down and actually describes some men who are eager to fight. Stephens is left with the impression that war was not exactly what he thought it was.

I also enjoyed the satire in this novel as

it seemed to take a few shots at tabloid papers such as *The New York Post* and the American need to read about celebrities and their lives. *Last One In* was an honest and well-written book told with a great deal of wit, common sense, and character development. Maybe reading this will change your opinion of not only the men and women of the military, but also the journalists who put their lives on the line in the pursuit of information to deliver back to the homeland.

CW's 5 Favorite Nudes

5. Suzanne Somers- *Magnum Force* '73: The mom from "Step By Step"? Really? Yes, boys and girls in the *Dirty Harry* sequel she sheds those needless layers.
4. Terry Bradshaw- *Failure to Launch* '06: The ex-footballing buffoon that enjoys his Turducken also enjoys his nudity in this terrible romantic comedy.
3. Heather Graham- *Boogie Nights* '97: She won't take off her rollerskates and we won't take our eyes off the screen.
2. Mark Wahlberg- *Boogie Nights* '97: I know it's prosthetic but it's still impressive.
1. Phoebe Cates- *Fast Times at Ridgemont High* '82: Wet, slow motion fantasy from an imaginative teen in the privacy of his own bathroom . . . or so he thinks.

Picks of the Week

By Alison DeNisco '11
A&E Staff



Movie

Little Miss Sunshine
Directed by Jonathan Dayton and Valerie Faris

America's most dysfunctional family embarks on a road trip in a yellow Volkswagen bus to a beauty pageant for seven-year-olds? Add Steve Carell as the suicidal gay uncle and count me in. Not to mention little Olive's "routine" at the pageant, which is possibly the best ending scene of any movie ever . . . she's a super freak, super freak! And I wouldn't want her any other way.



Music

Like Vines
The Hush Sound
Decaydance/Fueled By Ramen

You may not have heard of them, but they're definitely one of the coolest bands who will never be found on the radio. The Hush Sound is an original blend of something along the lines of alternative/pop/indie goodness, with jazzy piano combined with strong electric guitar. The songs on *Like Vines* have musical and lyrical depth, and the alternating male and female singers, both of whom are incredible, seem to have stepped right out of the Garden of Eden (listen to the song "Wine Red," and you'll get it).



Book

Nick and Norah's Infinite Playlist
By Rachel Cohn and David Levithan

An ode to concert and romance lovers, *Nick and Norah's Infinite Playlist* tells the story of two music-obsessed teens who meet accidentally at a New York City punk rock club and go on to experience a fast-paced evening of love, heartbreak, friendship, and of course, music. The novel is told over the course of a single night and in alternating chapters between the two characters, giving you a full look into each of their realistic thoughts. It's a sexy, funny, and poignant read that will make you want to head down to Lupo's and find your soul mate in the mosh pit.

Dave Heath's Lonely Hearts Club Band

BY SARAH BIDINGER '09
A&E STAFF



Perhaps you are unaware, but there is a star of the musical world somewhere on the Providence College campus at this very moment. Last week, my editor handed me a CD, *I'll See You When I See You* by a guy named Dave Heath. You may have heard the name before—I knew Dave Heath '09 as the tall, quiet percussionist in many of my music classes.

Until last week, I had no idea that this very same young man had written, recorded, performed, and produced a solo album, featuring not only his percussive skills, but also his prowess on bass, electric and acoustic guitar, keyboard, saxophone, and vocals.

The album is a smorgasbord of musical talent, featuring several John Mayer-style ballads, a danceable tune flavored with classic rock, a vocal song over a cool jazz beat, and a jam-band groove (by far my favorite on the album) dedicated to James Brown. How on earth did Dave create this? Fortunately for you and me, he was kind enough to take time out of his Saturday afternoon to answer some questions. (Maybe next Saturday, we can convince him to sign autographs.)

Could you give me an overview of how this CD was made?

Over winter and spring break last year, I recorded the album onto my computer, using the program ProTools. I would start with one instrument and just layer and layer until I got the final product. I usually used at least one layer each of guitar, bass, drums, vocals, and keyboards—often, there are 10 or 12 layers. After I finished the CD, I had it mastered by a company in Nashville, Tenn. After that, I worked with a company that put my music out to quite a few digital sources. It is now available on iTunes, Ruckus, Napster, and other online music stores.

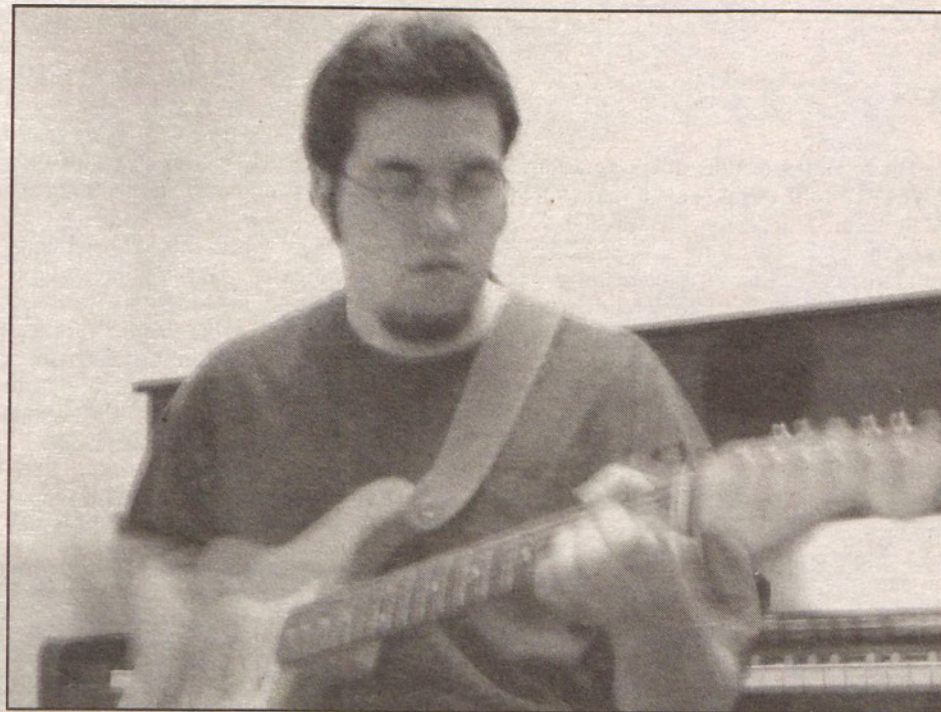
Where do you find the inspiration for your songs?

From all over the place really. It depends on the day, what's happening in my life, in the world, and all that good stuff. I tend to write songs not necessarily "about" people, but influenced by them. For example, I don't know anyone named Keri, but the song "Keri" does allude to someone I once knew.

Who is your musical idol?

There are a lot of people that I have looked up to and been influenced by. In terms of songwriting, I really like Sting and The Beatles, especially Paul McCartney.

All of my music teachers have also had a positive impact in my music. In terms of real "idols," you just can't beat Kelly Clarkson.



JAMES MCGEHEE '08/The Cowl

When did you start getting involved with producing? And where did you learn to play all those instruments!?

I started getting interested in home recording when I was in high school. My freshman year of college, I bought an Apple computer, which had the program GarageBand. When I decided to take recording more seriously, I made the move to ProTools, a more professional program.

I'm really a classical percussionist, and I have taken percussion lessons since I was in third grade. I started taking bass lessons

my junior year of high school, and have also taken voice lessons. When I got to college, I started teaching myself guitar and keyboard. I learned saxophone just for "Give It Up".

What is your dream job?

Anything that involves music, really. If I could live comfortably, I'd love to play music for a living, either fronting a band or playing in an orchestra. I'd also like to get involved in studio work or education.

Dan is a Real Bore

Despite his big-screen success in *The 40 Year Old Virgin*, Steve Carell cannot save below average romantic comedy *Dan in Real Life*

BY NEIL ANDREW FRANCISCO '10
A&E STAFF

Most of us know Providence College to be the epicenter of awkward living. *Dan in Real Life*, however, leads people to think the entire state of Rhode Island is a breeding ground for awkwardness. This movie takes place in Westerly, R.I. It is a typical romantic comedy that follows the common outline of boy meets girl, boy falls in love with girl, boy gets girl. The movie was average, at best, and I definitely do not recommend that you waste two hours and 10 dollars of your life watching it.

Dan Burns (Steve Carell) is a newspaper

advice columnist who specializes in relationship advice. He has been raising three daughters since the death of his wife four years prior. His three daughters, Jane (Alison Pill), Cara (Brittany Robertson), and Lilly (Marlene Lawston) are forced to spend Thanksgiving weekend with their father and his family in Rhode Island. Here we meet the rest of the family, including Dan's brother, Mitch (Dane Cook).

On the way there, Dan gets into arguments with his two eldest daughters, Jane and Cara. Jane wants to drive, but Dan is too paranoid that she will get into an accident. Cara wants what nearly every pre-teenage girl wants: a boy.

Fully convinced that his daughters hate

him, Dan spends an afternoon in a bookstore. Here, he meets Marie (Juliette Binoche). Though it is not love at first sight, the two are very intrigued by one another, and Marie gives her phone number to Dan. Later that night, Mitch brings his girlfriend home, and to the audience's surprise, she turns out to be Marie.

The movie displays how to deal with an influx of clashing emotions stuck inside one house for an entire weekend. The house, however, is crowded, and Dan's children begin to notice the socially forbidden chemistry between Dan and Marie. The two grow fond of each other, and by the end of the weekend, it is clear that they are in love, as Marie leaves Mitch. Oddly enough, you would think that a columnist who writes about relationship advice would know how to get himself out of an awkward situation like this.

Carell plays the over-protective father who is hypocritical to his teachings about love. Comedian Dane Cook, surprisingly, played the only character without a sense of humor. Binoche is probably the only one that deserves praise for this movie. She does an excellent job at playing the role of a woman who looks upon a new love interest with the sorrow one would feel for a puppy they can't play with. In fact, my grade for this movie would be lower if she failed to elevate the storyline from a mere game of switching partners to something more important. Binoche definitely saved the movie from being a complete debacle.

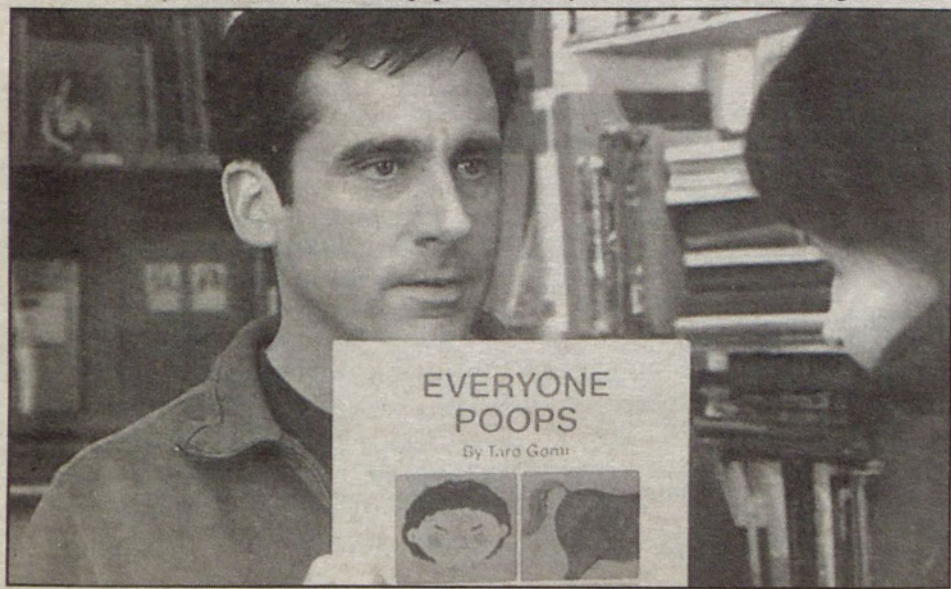
The many awkward moments unleash the comedic aspect of the story. They pro-

vide some loud moments, produce a few laughs, and give the movie some life, but that is not enough to give the movie a better rating.

I admit that the movie had an interesting premise behind it. A man falls in love with a girl, only to find out that the girl is dating his younger brother. However, it's a similar premise to *The Family Stone*, which makes the movie more of a bust. It's bad enough the movie was bad by itself, and to compare it to another bad movie makes it worse.

The laid-back atmosphere is likely the culprit in making this movie so boring. It lacks the big climactic moment, the one that all romantic comedies have, of an excess of human emotion that leaves the audience in a state of awe. Like I said before, this movie is average at best and should only be seen if you have nothing to do on a Tuesday evening and the movie somehow ends up on PCTV. Please, do not waste your time.

GRADE: C-



TOUCHSTONE

Dan in Real Life

Directed by: Peter Hedges

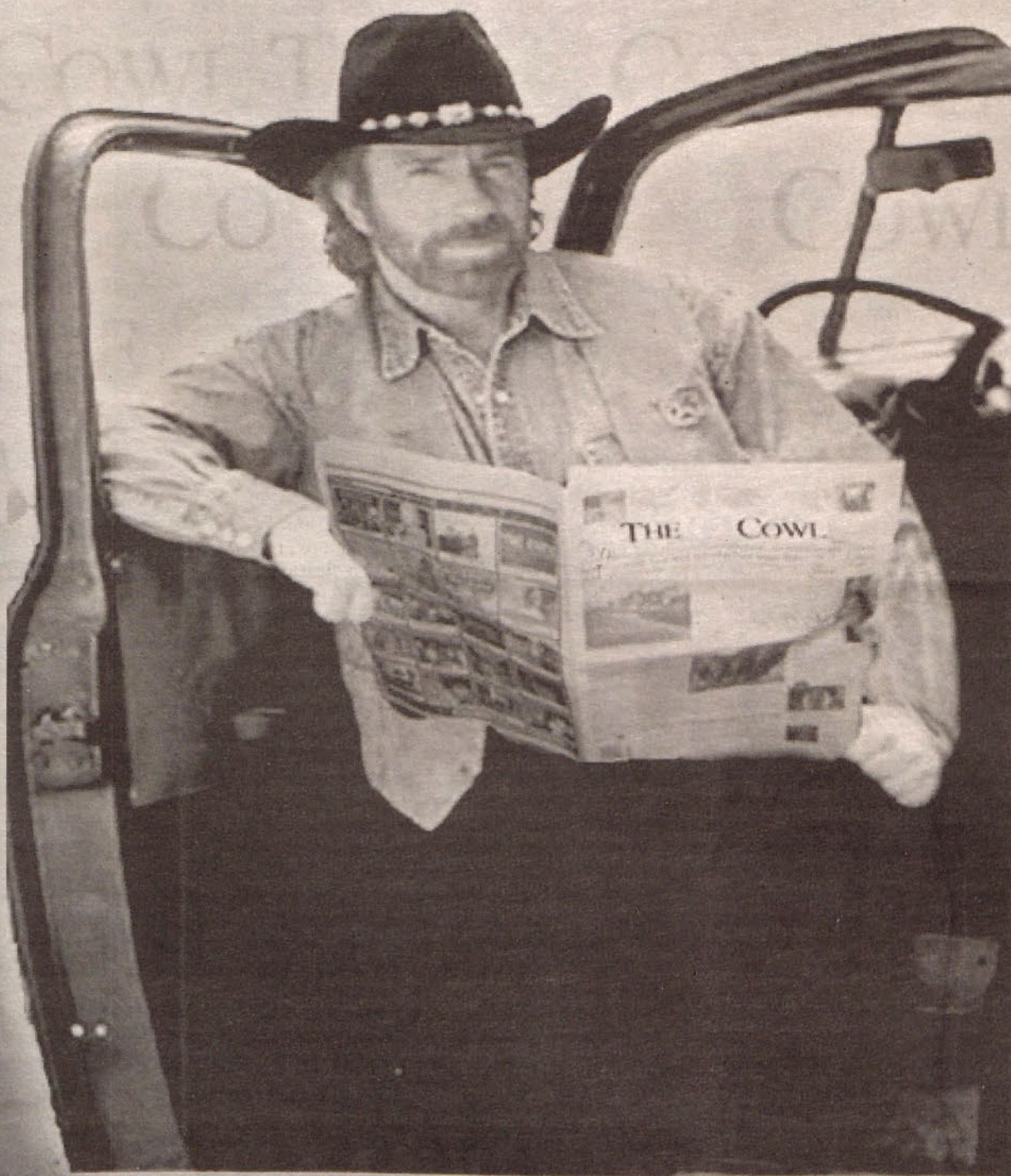
Starring: Steve Carell, Juliette Binoche, and Dane Cook

Runtime: 98 minutes

Rated PG-13



THE COWL



APPLY TODAY SLAVIN G05

A Pile of Shoes, Nowhere to Go

BY NICOLE AMARAL '10
PORTFOLIO STAFF

There is a picture of myself at about age three, contentedly smiling in the middle of my living room. I'm not surrounded by dolls or stuffed animals like a normal child. I'm surrounded by shoes.

ESSAY My mother tells me that when she'd bring me to a store, I would often struggle between whether to drag her to the toy aisle or the shoe aisle first. My first summer job was at a shoe store. I like to think that I inherited some strange shoe gene, or perhaps it's just a subconscious desire to be taller than my 4'11" (and a half!) height that gives me that insatiable craving for three+ inch footwear. Or, more likely, I'm just insane.

In high school my obsession flourished. Sitting in a desk all day in a school with a few short hallways was the perfect environment to display lemon yellow pointy-toed Steve Maddens. I could go a month without wearing the same pair of shoes twice, a fact which shocked and horrified some. College, however, presented some interesting challenges for the shoe addict, and it has taken me some time to adapt.

When my parents asked which shoes I'd be taking to college, I confidently replied, "All." They didn't even try to fight me on that one. Three boxes of shoes came with me to PC, leaving behind only the really dressy ones and some flip flops. After all I thought, you never know when you are going to be caught in a situation where you desperately need your black and white patent leather sling backs.

That situation, unfortunately, never came. I tried once to wear a pair of heeled



Mary Pelletier '09/The Cowl

boots to class, but I quickly realized this was a bad idea as I climbed the stairs to my class on the fourth floor of Harkins. I would wear my heels out on the weekends, but even this proved impossible, as my group of friends walked from McVinney to Fennell to Slavin, then back to Fennell then back to McVinney.

I was left with three boxes of useless heels and an entire campus of classes to get to. I made do with a few pairs of flat Mary-Janes, one pair of Skechers sneakers that were more stylish than functional, and the pair of running shoes I'd had since the 8th grade. This solution did not last long. The weather soon became too cold for the Mary-Janes. The Skechers gave me blisters and the running shoes were just too old and too hideous.

I eventually did what I never thought I'd do . . . I bought a pair of Uggs. They were comfortable and warm (and expensive, but if you're obsessed with shoes, that's beside the point). Although I once had qualms about buying footwear that seemingly every other girl at PC has, my feet have been happy in their fluffy Australian cocoons ever since.

Though lessened considerably, my closet continues to expand, and I remain constantly vigilant in search of heels that fit my size five feet. I'm sure by now you're all familiar with the infamous "Shoes" YouTube video. When it first came out, I got at least eight e-mails from friends saying "That's you!"

Uncomfortable as it is to be compared to a cross-dressing YouTube star, I can't pretend there's not some resemblance in regards to the shoe habit . . . but what girl doesn't love shoes?

Exodus 32:1-18

BY KATIE CALIVA '10
ASSISTANT PORTFOLIO EDITOR

I want to tell you a story:

1 Now when the students saw that Knowledge delayed to come down from the mountain, the students assembled about Education and said to him, "Come, make us a god who will go before us; as for this Knowledge, the man who brought us up from the land of Ignorance, we do not know what has become of him." 2 Education said to them, "Listen to the words which are in the mouths of your professors and bring them to me."

3 Then all the students listened to the words which were in their mouths and brought them to Education. 4 He took these from their hand, and fashioned them with an exam and made it into Grades; and they said, "This is your god, O students, who brought you up from the land of great Ignorance." 5 Now when Education saw this, he built an altar before it; and Education made a proclamation and said, "Tomorrow shall be a feast to the Grades." 6 So the next day they rose early and offered burnt peace offerings, and then the people sat down to cram and then they rose up to study.

7 Then the TRUTH spoke to Knowledge, "Go down at once, for your students, whom you brought up from the land of Ignorance, have corrupted themselves. 8 They have quickly turned aside from the way which I commanded them. They have made for themselves Grades, and have worshiped them and have sacrificed to them and said, 'This is your god, O students, who brought you up from the land of Ignorance!'"

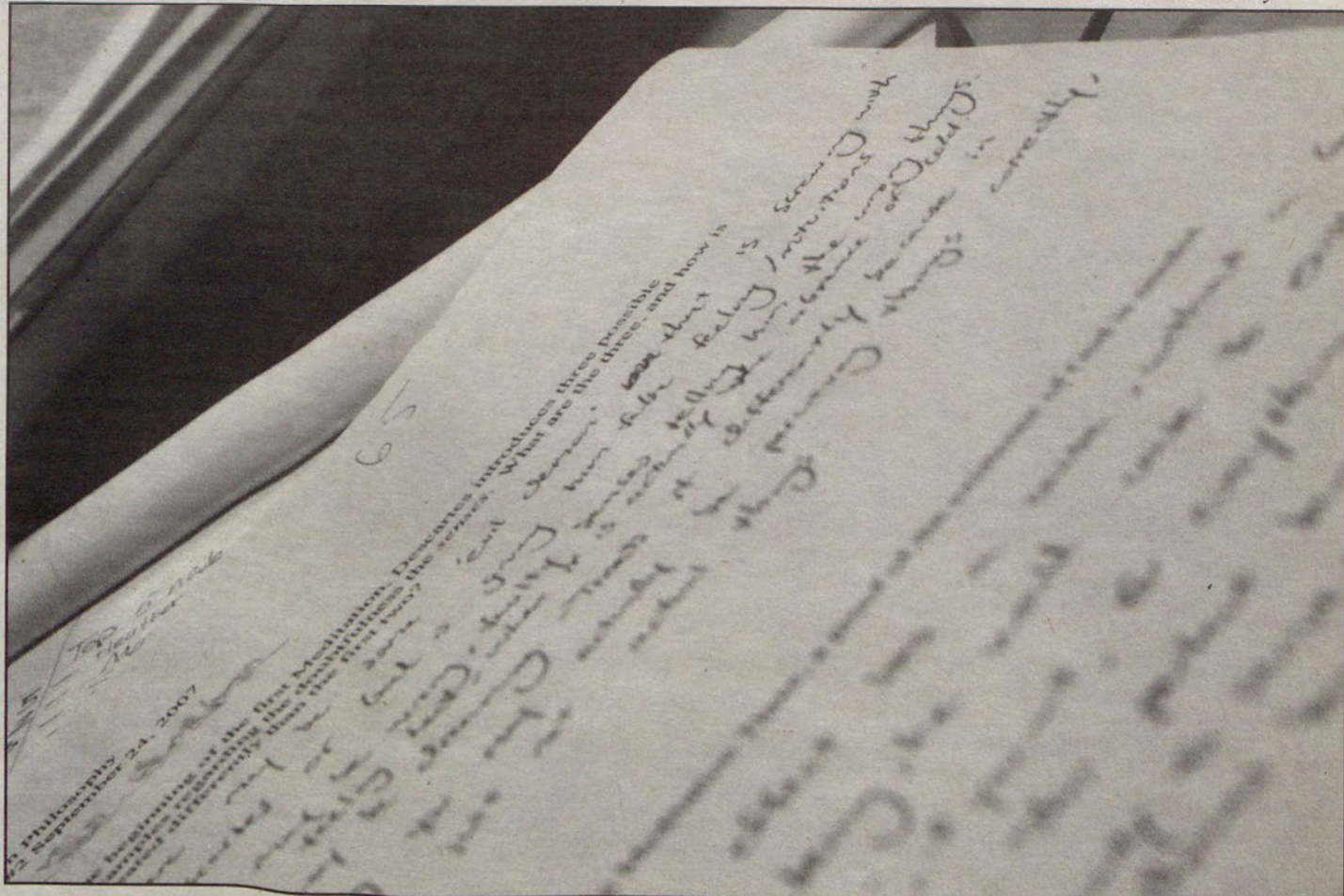
9 The TRUTH said to Knowledge, "I have seen these students, and behold, they are a stiff-necked people. 10 Now then let me alone, that my anger may burn against them and that I may destroy them; and I will make of you a great nation of all kinds of scholars." 11 Then Knowledge entreated the TRUTH his Master, and said, "O TRUTH, why does Your anger burn against Your students whom You have

brought out from the land of Ignorance with great power and with a mighty hand? 12 "Why should the Ignorant speak, saying, 'With evil intent He brought them out to kill them in the mountains and to destroy them from the face of the earth'? Turn from Your burning anger and change Your mind about doing harm to Your students. 13 Remember Aristotle, Aquinas, and Shanley, Your servants to whom You

swore by Yourself, and said to them, 'I will multiply your insights as the stars of the heavens, and all this of which I have spoken I will give to your students, and they shall inherit it forever.'"

14 So the TRUTH changed His mind about the harm which He said He would do to His students.

... We've been given the chance to learn. Let's not waste it on idolatry.



Mary Pelletier '09/The Cowl

Winds, Wanderlust, and Musings on Friendly Carjackings

BY LINDSAY WENGLOSKI '10
PORTFOLIO STAFF

There's a strange sort of taste on the wind today. And I say 'strange' because it is. Undoubtedly, assuredly, very strange. But not in a bad way, and not in a particularly smelly, threatening, or distasteful way. Just a different way, I suppose. An itchy, *On the Road Again* sort of way. The wind moves the few stubborn green leaves on the tree by my window, the sky is gray, and somewhere a siren tilts upward in a high-pitched whine over the city. But the wind is what's really important. It's the wind that matters to me.

Now perhaps you wonder how wind can be strange to begin with, or have a waif of a personality attached to it, but I can assure that the concept itself isn't ridiculous. This wind, I wouldn't say is taunting or rude at all, but it's antagonizing me all the same. It definitely isn't the typical tundra wind that blows through campus in the winter or the warm, soft spring wind that just implores you to go sun yourself on the quad—no, this wind has its own personality different from the usual breezes. I'm not crazy, I can assure you of that—today I get the feeling the wind's teasing me because I'm homesick.

Not a "woe is me, I'm so emo" homesick, but more along the lines of "I'm a



Mary Pelletier '09/The Cowl

land-locked country and I just wanna see the ocean" or a "marooned on a desert island with nothing to eat but tapioca" (which is shockingly delicious in small doses) sort of homesick. Pardon the crazy imagery there, but what I'm talking about is the homesickness that you get when you see so many opportunities to *get* home but can't use any of them to do so.

Case in point? Today, I was walking back from class through the ginormous

parking lot by Dore and Davis, and I realized, "Hey! All these people can leave whenever they want and go wherever they want in their cars. I can see these cars. If I was a particularly rebellious or adventurous person, I could creatively 'borrow' one of these cars and drive home for the weekend, return the car on Monday morning, and no one would be the wiser." And looking up in the sky at almost any given time, I can see planes taking off and landing at

T.F. Greene Airport and I wonder how many of them are heading to Baltimore International? How easy would it be for me to buy a ticket, get a cab, and fly home for a while? Would it be a viable option for me to invest in a jet-pack and fly home myself, saving the TSA the trouble of randomly selecting me for yet another security search before take-off?

Sometimes I wish I had my car on campus so I could hop in it, swerve onto I-95, and head south for a good chunk of time until the traffic slacks away and people don't realize that the left lane is for passing only. But that's next year's dream, and I'm happy for that. I can't wait to have a car on campus, and not just so I can randomly skitter off toward home for Thanksgiving or Columbus Day or what have you, but so I can wander around more in New England itself. I mean, Providence is nice, but RIPTA can only take you so far. Generally, in Providence College's case, "far" is defined as 'Providence Place Mall.

I look forward to weekend trips to Vermont or the beach or wherever I feel like going with my friends. I look forward to that freedom to really decide where I'm going, and not have it be bound by some arbitrary bus route or by how far I can walk before getting sketched out by the local neighborhood. But in the meantime, would you mind lending me your car? I just need it for the weekend.

Why I Don't Enjoy Bunk Beds

BY CHARLIE DEWEY '09
CONTRIBUTING WRITER

Ever since I was young I would have trouble sleeping whenever there was a full moon. Every couple of hours or so I would wake up from having bad dreams. I was never quite sure what it was that caused them. My dad always thought that it was the powerful lunar light that was having an odd effect on me. Sometimes, when I was very young I would scream in my sleep. My brother, who slept on the bunk below me, would have to wake me up in order for me to stop screaming. I could never remember the dreams that caused such agony. Whenever I woke up only a few seconds would pass before the dream just slipped out of grasp.

High school was getting tough. That day was particularly stressful because it was the Friday before Easter break, so all the teachers chose to give tests that day. I got very little sleep the night before. The morning tests were not so bad, but by the afternoon, I was mentally exhausted and couldn't remember anything I had studied the night before.

My mother picked up my brother and I right after school. Even though I was frustrated at how poorly I did on my math test, I couldn't help but feel somewhat relaxed. It was Friday, and the school week was over. Friday also meant that it was take-out night. My dad came home early with

Pizza. Pepperoni pizza from Pizanos was my favorite meal and it was always great to see dad come home early. He had taken a lot of time off during the winter when his father was sick, and ever since Grandpa had passed away, my dad worked late to make up for the time he lost. Fridays were great. Take-out night was like a family ritual that neutralized any problems of the week. It didn't matter if I failed any tests or didn't do my homework. By Friday, my mother would still love me and we would still have Pizza.

After dinner I played catch with my brother in the front yard. My brother was on the Varsity Baseball team at school, and it was always was a treat to play with him. I saved the money that I got from my grandmother for my birthday to buy a new baseball glove just so I could play with him in the yard. It was a good time. Sometimes the ball would go into Mrs. Peanman's garden. One time when I went to retrieve it, she stuck her head out the window with curlers in her hair and yelled, "Don't step on my begonias!" After she tucked her head back inside, my brother and I started laughing. He would be graduating this year and this was going to be the last year he would be home. I didn't know who I was going to play catch with next year. Dad always offered to play catch with me, but usually after five minutes he would suggest that we do something else, like watch a movie or play a board game. He made it seem like he loved board

games, but I knew that it was just his arthritis acting up whenever he halted a game of catch. Later that night I went into the living room to relax. My brother took the car to some party, and my parents had gone to catch a late night movie. Even though I loved my family's company, it was nice to be alone. I grabbed a few photo albums from the shelf next to the mantel and laid down on the couch to leaf through them. I loved seeing pictures of my parents getting married, my brother's first birthday, or pictures of my mom pregnant with me. Even though I wasn't alive, the pictures made it seem as if I was remembering the occasion. I flipped to my First Communion. There was one picture I really liked from this section. It was a picture of my brother and me. I was wearing a white button-down shirt, and he was wearing a green sweater that my mom must have had to forcibly put on him for the sake of taking the picture. He had his arm around my shoulder, and I had wide grin on my face. After finishing with the photo albums I went to my bedroom. It had been a long day and I was ready to sleep. I climbed up into my bed, sinking into my pillow. I turned off my bedside lamp. The moonlight was bright. I could see my entire room clearly. I sat up and looked out my window at the moon. It reminded me of that Frank Sinatra song, "When the moon hits your eye like a big-a-pizza pie, that's amore." Even though I liked the song, the moon didn't really look like a

pizza. A pizza is very colorful and decorated. The moon was just different shades of gray. I guess the craters kind of looked like pepperonis, but where was the crust? I took off my glasses and laid back down. I was woken by a loud bang. It was a familiar sound. Whenever someone opened the door to my bedroom quickly, it would slam into my dresser. This sound usually implied that someone outside the family entered the room. Anyone who lived in our house anticipated the dresser being there. I rubbed my eyes and looked at my alarm clock. It said 1:06. I sat up to look to see who had entered my room. It was my brother. His hair was on end. He must have gelled it up before the party and had somehow messed it up. His shirt was unbuttoned and his pants were falling down. In his hand was another hand. It was a girl. I couldn't imagine who it would be. I rubbed my eyes again to get a good look at her. She was short and had blonde curly hair. I didn't recognize her. Why was my brother bringing this strange girl into our room at 1:00 a.m. in the morning? They made their way toward the bed. For one reason or another they were stumbling. When they reached the bed my brother looked right at me. It was a very unfamiliar look. His face was pale in the moonlight, and it was lazily moving from side to side. His eyes were bloodshot. He had a slight grin on his face. He looked away. Then he collapsed on his bed with the girl following him. I didn't know how to react. I didn't know what to say or do. Should I leave the room? Where would I sleep? I sat there in confusion. Meanwhile, there was a lot of commotion below me. It sounded like sheets were being undone, and clothes were being taken off. That was just one of the confusions of sharing a bedroom. Next I heard hands fumbling with the handle of my brother's nightstand drawer. Then there was a furious rattling of plastic, as if someone was trying to open a candy bar in record time. A few seconds passed, then the bed started to sway back and forth. It gradually got faster. Then I started hearing some aggressive moans, as if the two were wrestling on the bunk below me.

The thought of what my brother was doing down there made me feel like crying. When my grandfather died during the winter, I didn't cry. He had been sick for a while and it was expected. This was shocking. Why was my brother doing this? I couldn't understand. I plugged my ears tightly. That didn't work; I could still hear them. I pulled my comforter over my head. That didn't work. I couldn't hear them, but I also couldn't breathe and it was so hot in there that I was sweating. So with a pillow on either side of my head, the bed rocking in a very offbeat rhythm, the moon shining brightly, and tears in my eyes, I fell asleep.



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Tiffany & Earl

Making PC an emotionally stable place, one letter at a time...



Dear Anonymous,
Clubbies certainly gets some side credit for being a place that has brought young college students together since the beginning of time. The dance scene at Clubbies, if I remember correctly, is one that breeds a cluster of guys and girls, sweaty and confused as to what is going on. The girl probably doesn't realize that you are her night time lova.

Don't you ever have any conversations with her when you are actually at the bar or is it all business and syncing your dancing to "Soulja Boy"? I commend you as a guy to devote night after night, weekend after weekend to dancing with this one girl without having her even acknowledge you on campus. I think someone has a crush!

If you want to elevate your status with this girl from "rando guy I dance with" to "I have a date on Friday with this guy," then you are going to have to make some moves, pal.

Ask if she and her roommates want to join you and your friends for some weekend activities pre-going out. If you just confront any awkwardness, you'll soon be laughing with her about how funny it was that you spent all that time getting hot-n-heavy and never actually got to know who was inside all of that. I say, play catch up and you will be rewarded in no time.

You should write back to us and let us know how the whole thing goes and maybe we can give you some extra advice on material for your first date, I am confident you'll be making it that far!

This Week...

How do you approach the night-time PC girl?

Dear Tiffany and Earl,

I am a sophomore and I have a very serious question. The past month or two at school have been awesome—going out every weekend and having fun at all the hot spots the Providence community has to offer. However, Clubbies deserves an extra special shout out because it's where most of the magic happens for me in terms of the ladies. There's a girl that I see out at Clubbies a lot and we always end up dancing until the bar closes. I don't want to jump the gun, but we made little to no room for the "Holy Spirit." How should I approach someone who I feel I've had a very serious connection with if she acts like she doesn't even know me outside of the magic that is Clubbies?

—Anonymous

Have a burning question that needs answering?

Write to Tiffany and Earl!

AskTiffanyEarl@yahoo.com

Dear Anonymous,

I know that you're a sophomore and socially awkward and all, but figure it out. Are you sure we are talking about the same girl here?

You see her out at night, and she looks great, you claim that you see her during the day and she still looks great and that you want to talk to her, yet she has no non-verbal recognition of who you are. You, my sad friend, have a bad case of bar goggles... no, not beer goggles, you are probably beyond that atrocious state. And Clubbies bar goggles, no less.

Chances are the girl you think you know during the day is not the same person, but you are too caught up in thinking about how much space you're making for JC between your denim zipper and her hot pants.

When I go out to a club and end up dancing with a girl all night, she always remembers who I am—mostly because she has time to piece things together on the walk home the next morning. But you are put back into the category of guy that I only want to be with in the dark. Nice work. You make me sick.

On top of that, there is some goodlooking girl out there that has told all of her friends that this guy waits for her outside of Civ until she tells one of her guy friends to pretend they're dating.

My advice? Transfer while you still have enough time to get a slightly less creepy reputation at another, larger college. And that wasn't "magic" that you felt at Clubbies—figure it out.

Tiffany

EARL

poetry corner

Monday Mornings

BY LIA ARMATAS '08
PORTFOLIO EDITOR

Vroom! Vroom! The little boy changed gears on his toy race car and sent the daredevil flying. He went past his Cheerios and warm milk, up and across the horizon of his mother's bosom and onto the skating rink of the sterile white high chair tray. The boy wondered if this is what life would be like.

"I think a poet is anybody who
wouldn't call himself a poet."

—Bob Dylan

Milk Bar

BY ALEX DONNELLY '09
PORTFOLIO STAFF

The sun had been hiding underneath
the surrounding skyscrapers
for a few good hours now.
The moon was reflecting back
the cubes we sent it.

Trying to avoid the surrounding suspicion,
Janus lowered his voice and said:

Here's what's going to happen.
You're to walk inside those dimly lit steps
and make your way inside.
At the table all the way to the left,
by the jukebox sign,
is a friend of mine.
I highly recommend this guy.
Just remember:
You were never here.
Of course,
Neither was I.
In fact,
You never met me.

Under an intentional shield of white noise,
Malcolm, following a roaring sip of his milk,
instilled in me the following thought:

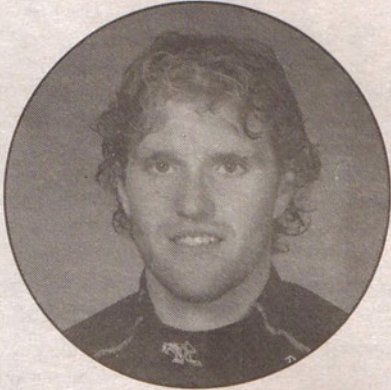
The Northeast region has seen
A rapid spike in reported incidents
of regicide—the murder of a king.
Curiously, 100%
of the cases occurred
in the same zip code- 655321-
in the same town, block,
house,
and room,
and obviously,
in the exact same chair.

Because when the knives kick in
You won't know to stay from sin

Friars Scoreboard

Scores -- Standings -- Statistics -- Schedules -- Standouts

Standouts



Kyle Laughlin
Men's Hockey
Junior—Gambrills, Md.

Laughlin led the team to its first win on Friday, with a goal and an assist against Massachusetts. He repeated his performance in a 3-3 tie on Saturday.



Sara Sheehan
Women's Volleyball
Junior—West Chester, Penn.

Sheehan was named Division I Independent Player of the Week for her efforts over the weekend. In three matches, she totaled 157 assists and 38 digs.

Scores

<i>Thursday 10/25</i>		
Women's Hockey at Connecticut		L, 5-0
<i>Friday 10/26</i>		
Men's Hockey vs. Massachusetts		W, 3-1
Women's Soccer at Syracuse		L, 2-1 (OT)
Women's Volleyball at New Jersey Inst. Tech		L, 3-2
<i>Saturday 10/27</i>		
Cross Country at Big East Championships		Ind. Res.
Women's Volleyball at Sacred Heart		W, 3-1
Men's Hockey at Massachusetts		T, 3-3 (OT)
Women's Field Hockey at Connecticut		L, 3-1
<i>Sunday 10/28</i>		
Men's Soccer vs. Notre Dame		T, 2-2 (OT)
Women's Soccer at St. John's		L, 2-1 (OT)
<i>Tuesday 10/30</i>		
Women's Field Hockey vs. Brown		W, 6-1
Women's Hockey at Boston College		W, 3-2
<i>Wednesday 10/24</i>		
Swimming at Rhode Island		Ind. Res.
Women's Volleyball at Hartford		W, 3-1

Schedules

<i>Thursday 11/1</i>		
Men's Hockey at Boston University		7:00 p.m.
<i>Friday 11/2</i>		
Men's Basketball vs. Carleton University		7:30 p.m.
<i>Saturday 11/3</i>		
Swimming vs. Fairfield		11:00 a.m.
Women's Field Hockey vs. Louisville (Big East)		11:00 a.m.
Soccer at West Virginia		7:00 p.m.
<i>Sunday 11/4</i>		
Swimming at Boston College		2:00 p.m.
Women's Field Hockey in Big East Finals		12:00 p.m.
<i>Tuesday 11/6</i>		
Women's Hockey vs. Northeastern University		7:00 p.m.
<i>Wednesday 11/7</i>		
Men's Soccer in Big East Tournament		TBA
Women's Volleyball at Central Connecticut State		7:00 p.m.

Standings

Men's Big East Blue Soccer (10/30)			STX/NFHCA Division I Field Hockey Poll	
Teams	BIG EAST	Overall	Team	Votes
Notre Dame	7-0-3	10-3-4	1. North Carolina	980
Connecticut	7-2-1	14-2-1	2. Maryland	929
West Virginia	6-3-1	10-5-1	3. Wake Forest	853
Providence	5-3-2	9-5-2	4. Michigan	815
Georgetown	4-5-0	6-10-0	5. Iowa	754
Seton Hall	3-6-0	7-9-0	6. Connecticut	745
Marquette	1-8-1	2-11-3	7. Michigan State	630
Pittsburgh	0-9-1	2-13-2	8. James Madison	573
			9. Penn State	565
			10. Old Dominion	534
			11. Duke	528
			12. Boston College	391
			13. Louisville	382
			14. Boston Univ.	345
			15. Ohio	244
			16. Albany	243
			17. American	188
			18. Princeton	125
			19. Syracuse	91
			20. Providence	83



Remember, Cowl readers . . . we want to hear from you! Just e-mail your questions either about PC sports or sports in general to cowlsports@gmail.com, and we'll do our best to answer them—and stir up a little debate if we can!

Thanks,
The Cowl Sports Staff

Who will win this week's battle of the NFL's unbeaten—the New England Patriots or the Indianapolis Colts?

In what is being billed as a battle of good vs. evil, it will be the "good," the Indianapolis Colts, who ultimately wind up on top. Make no mistake, the Patriots are a formidable team, however, they may find themselves running into a buzzsaw with the Colts this week.

Ironically, this is the part where the Colts would usually be billed as the all-offense, no-defense team, with the Patriots being the reason for why good defense always beats a good offense. But this time the roles are reversed. This time it is New England which has been the better offensive team. This time the Colts have allowed fewer points per game than New England. And they've done it against stronger opponents.

Peyton Manning has finally proved that he has overcome the "curse" of not being able to beat the Patriots, but at least now others believe it too. And while on paper the Patriots have more offensive firepower, one of Manning's strengths as a quarterback is being able to hang onto the ball and minimize the time the opponent has possession.

The fact that Joseph Addai has returned much improved from a year ago also bodes well for the Colts, as they will have a diversified attack utilizing both the air and the ground. The pieces are in place for the Colts to win this game.

Tom Brady is an incredible quarterback, and the Patriots have some amazing receivers. But that won't equal a huge points advantage when they're playing a strong Colts secondary. It will be a close game, and there will be moments where both teams will wonder if they're out of it, but in the end it will be the willpower of Manning, Addai, and the offensive line, and the resiliency of one of the league's stronger defenses that will decide the outcome of this game in favor of Indianapolis.

—Drew Goucher '08

Both teams are undefeated, but come on; seriously, can anyone really think it won't be the Patriots that walk away with the win? They are the 1998 Yankees and the 1997 Bulls, they're better than that undefeated Dolphins team. These Patriots are

all but destined for a perfect season. This is a team that has it all. They can boast the best QB in the game, Tom Brady, who won three Super Bowls with fewer potent weapons than what he has now, namely wide receivers Randy Moss, Wes Welker, Donte Stallworth, Jabar Gaffney, and tight ends Kile Brady and the injured Ben Watson.

The Pats are scoring over 41 points per game. They've done this in many games with a minimal rushing game due to injuries to Sammy Morris and Lawrence Maroney. The two are closer to even strength now, and things can get even better for this offense.

Brady has thrown 30 touchdown passes, on pace to obliterate the current record. Eleven on those passes were thrown to Moss. The others are spread among the deep receiving core.

Their defense isn't bad either. They're ranked fifth in the NFL, giving up only 15 points per game, and third in yards per game.

The Colts have also played well, just not as dominating as the Patriots. They've scored 31 points per game, and allowed only 14 to their opponents.

There just seems to be something to these Patriots though. They were a dropped pass away from defeating these Colts in January's AFC Championship game. That was then. Now, the Patriots have a plethora of offensive options and a much-improved defense.

Their dominance should continue this weekend. It may be close at times, but look for the Patriots to win by at least three TDs, 52-28.

—Ryan Holt '09

PC Hits Stride at Big East

BY MOLLIE QUINN '09
SPORTS STAFF

The Providence College Men's and Women's Cross Country Teams did not hold anything back going into the 2007 Big East Championships on Saturday, Oct. 27. The event, which was held at E.P. (Tom) Sawyer State Park in Louisville, Ky., drew top runners from throughout the Big East Conference. The Friar women placed second in a field of 16 teams finishing with 87 points. The Friar men took third in a field of 14 teams with 74 points.

The men's and women's team success has carried them far this season.

"Walking away from the race, I was very pleased with our performance," said Head Coach Ray Treacy. "We have come a long way, a lot further than I would have thought back in September."

The women's second place team finish is among its top accomplishments this season.

"It was a really good race; we went into the race seated in the third spot, but finished in second," said Treacy. "We were able to beat Georgetown, who is ranked 11th in the country."

On the women's side, the Friars were led individually by junior Danette Doetzel, who completed the 6K course in a time of 20:27 to come in at third place.

"It was a good race; our entire team had a strong performance" said Doetzel.

Overall, Doetzel was pleased with her level of individual performance. She pointed to the fact that every race is different and filled with various obstacles.

"I feel positive about my results," said Doetzel. "Although I hoped that I would have been more of a contender for the Big East Title. Everyday is different and if you're not feeling your greatest you just have to learn how to run through it."

Doetzel was also joined by two other Providence runners who placed among the top 15 and earned All-Big East honors. Junior Katie DiCamillo finished in sixth place with a time of 20:50. Not far behind

was sophomore Krystal Douglas who took 11th place overall with a time of 21:06. According to Treacy, the team will need to work on having closer fourth and fifth place finishers in order to be a top contender at Regionals.

The Providence men's squad also showed a solid performance from all of their top runners.

"There were six nationally ranked teams, and we could have finished anywhere among them," said Treacy.

Providence finished close behind the top two teams, falling only to Louisville and Georgetown. Louisville, who had the home-course advantage, outran Providence by only 19 points. On the other hand, the Friars were able to beat Notre Dame, having previously lost to them twice this season.

Providence was paced by senior Max Smith who finished in fourth place with a time of 23:29. Sophomore Hayden McLaren joined Smith among the top 15 finishers, both receiving All-Big East honors. McLaren finished 13th in a time of 24:09.

Currently, the teams are looking ahead to Nov. 10 where they will compete in the Northeast Regional Championship. Over the next few weeks, the Friars will be striving to remain one of the most powerful squads in the Northeast. It appears that the team is in good shape on both sides. The women are ranked number one and the men are ranked number two in the region.

"We will be preparing ourselves so that we do not mess up on that day," said Treacy. "We have the depth and the skills necessary—I feel confident that our outcome will prove that."

Determination and hard work are qualities that resonate throughout the entire team as they look to finish the 2007 season out on a high note.

"I hope that I can help lead our team to first or second at the Regionals, which would give us an automatic bid to the NCAA's," said Doetzel.

The NCAA Northeast Regional Championship will take place on Saturday, Nov. 10 at Franklin Park in Boston, Mass.

In Goal with Laura Elfers

BY JIM ELLIOTT '09
SPORTS STAFF

The 2007 PC Women's Soccer team finished the season with two overtime heartbreakers, falling short against Big East Rivals Syracuse University and St. John's University. Despite finishing the season with a record of 3-14-1, senior goalkeeper Laura Elfers felt that her final season was filled with more accomplishment than disappointment.

"Our record doesn't really do justice to the season we had," said Elfers. We scored six Big East points and improved a lot from the last few years but unfortunately lost some tough games that went right down to the wire."

Besides finishing the year with an impressive 91 saves, Elfers viewed her biggest accomplishment coming from the Lady Friars 1-0 victory against Rutgers University. Not only did Elfers grab the spotlight with nine saves but it also marked her second shutout of the year.

"Our win against Rutgers was the best," she said. "It was awesome and one of my best memories playing here at PC."

Outside of saving goals, Elfers spends the majority of her free time hanging out with friends, playing intramural sports, and listening to music. One of her favorite activ-

ities is assuming her position as a "Friar Fanatic" at different PC sporting events.

"I love going to watch the other teams play, especially the Men's and Women's Basketball teams," she said.

As one of the senior leaders on the Women's Soccer team, Elfers saw a particular importance in looking out for her freshmen teammates and being an approachable person. Her success on the field is truly reflected by the hard work and effort Laura has practiced in both athletics and academics over the last four years at PC.

"I feel like I worked really hard over the last few years and it paid off. It's been a true maturing process but I am happy I was able to keep with it and never let in," said Elfers.

While hard at work on majoring in Secondary Education in Math, Laura is sad to be leaving PC but excited to start a career as a high school teacher and coach back home in Long Island. Her plans include coaching both soccer and basketball while eventually earning her Masters degree.

"My time at PC has been great. I wouldn't trade it for anything, I am really going to miss it."

Elfers finished her four years on the PC Women's Soccer team starting all 33 games from 2006 to 2007 and by making a total of 265 saves. Her leadership, hard work, and determination leave big cleats to fill for incoming goalies here at PC.

Friars: Down and Up Week

continued from Page 21

The Friars will compete in their home-opener against the Northeastern Huskies at Schneider Arena on Tuesday, Nov. 6, where they will look to carry over the momentum from their win over Boston.

However, Deraney notes that solid play both at home and on the road will be essen-

tial if the Friars hope to do some damage in the Hockey East tournament.

"We have to be able to play better on the road . . . to play a better brand of hockey," said Deraney. The championship is at UCONN this year . . . and we're approaching things as if we have one month left in the season, trying to get to the [Hockey East] tournament."

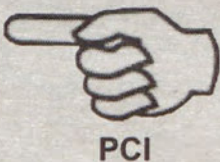
Don't forget to visit thecowl.com each week to vote in our new PCI Readers' Poll!

Last week's results:

Who will win the World Series—the Boston Red Sox or the Colorado Rockies?

57 % Drew Goucher—the Colorado Rockies

43 % Erin Redihan—the Red Sox



PROVIDENCE COLLEGE DEPARTMENT OF MUSIC UPCOMING CONCERTS				
November 2007				
Friday	2	4:00	Fridays at Four Student Performance	Ryan Concert Hall
Saturday	3	2:00	Senior Recital Rebecca Sears, soprano	Ryan Concert Hall
Sunday	4	2:00	Senior Recital Michael McNamara, saxophone	Ryan Concert Hall
Friday	9	4:00	Fridays at Four Student Performance	Ryan Concert Hall
Sunday	11	4:00	Women's Chorus and Small Ensemble Concert	Ryan Concert Hall
Friday	16	4:00	Fridays at Four Rhode Island Philharmonic Master Class Evelyn Glennie, percussion	Ryan Concert Hall
		7:00	Jazz Night	McPhalls, Slavin Center
Sunday	18	2:00	I Cantori and Concert Chorale	Ryan Concert Hall
Friday	30	4:00	Fridays at Four Student Performance	Ryan Concert Hall
Friday	30	7:00	Orchestra Concert	Ryan Concert Hall
December 2007				
Saturday	1	7:00	Lessons and Carols	St. Dominic Chapel
Sunday	2	2:00	Wind Ensemble Concert	Ryan Concert Hall
Thursday	6	8:00	*Opera - Amahl and the Night Visitors	Angell Blackfriars Theatre
Friday	7	8:00	*Opera - Amahl and the Night Visitors	Angell Blackfriars Theatre

* To purchase tickets for the opera *Amahl and the Night Visitors* Theatre Box Office 401-865-2218



Providence College
Department of Music
Smith Center for the Arts
www.providence.edu/music
401-865-2183

Soccer: Back on the Road

continued from back page

been in the past."

The Friars need a win both to earn third place in the Big East Blue Division as well as to shore up a less than impressive road record. PC is currently 3-4 away from Glay Field.

"We need to work on our mental approach," said Daley. "Our last home game is likely Wednesday, Nov. 7. We need to start strong and not concede goals early and give ourselves a hill to climb."

If they win and Georgetown loses both of its matches, PC will finish third and will host at least one Big East Tournament game.

"The last day will dictate everything," said Daley. "We've been telling our guys we have the chance to do some things we've never done before. We can finish fourth (in the division), host a Big East game two years in a row, go to three straight NCAA Tournaments and win the Big East."

But in order to accomplish any of these, the Friars will need a win on Saturday against a very good team. The Friars have shown flashes of greatness in select matches this season, such as Boston College and DePaul, but they have also struggled at times too. The match on Saturday is their chance to avenge some of those bad losses.

"We control our own destiny," said Daley. "There's no one else to commend or to blame."

PC: Looking Ahead to '08

continued from back page

selves ahead in the 62nd minute of the game, when sophomore midfielder Nicole Benko crossed the ball to junior forward Victoria Neff, who beat the defender, to notch a goal and give PC a 1-0 lead. The goal was Neff's first as a Friar.

"We put Victoria up top because we saw the amount of work that she does and how she creates so many scoring opportunities for herself," McGirr said. "And with all the hard work and effort that she has put forth this season, she was very deserving of that goal."

Seven minutes later, the Orange answered with a score of their own when Karrah Benson scored her fourth goal of the season off of a penalty kick to tie the game up at one.

"I felt on Friday that we were dealt an unfair decision by the referee," said McGirr after the game. "It was a questionable penalty and it gave Syracuse an opportunity to score."

After a defensive deadlock for the rest of the second stanza, the game was sent into overtime. There the Friars and Orange found themselves in another deadlock, resulting in a second overtime.

The Orange finally sealed the win in the second overtime when Sara Grimsgaard sent a pass on goal that teammate Lauren Jentzen headed into the back of the net to give Syracuse the victory 2-1.

Despite the tough losses, McGirr remains confident in his team.

"When I look back at everything that we have gone through this season, I see that this team has really gone out and proved themselves this year, and I'm extremely proud of them for that," said McGirr. "I feel strong going forward into next season because our players had to take on a lot of responsibilities this year with everything that has happened and they embraced that responsibility."

PC finished its season at 2-9 in the Big East with six points and a seventh place finish in the American Division. Overall, PC was 3-14-1 during their 2007 campaign.

Putting Baseball to Bed and Other Stuff

BY BRADLEY CHEN '08
SPORTS STAFF

The Sox did it. With two titles in four years, everyone knows they are the team to beat. Move over, Yankees, because it's time to take a back seat in the American

SPORTS
BOSS

League East. Is it possible they will be sitting behind the Blue Jays and maybe even the Orioles? The

Bronx Bombers have been in turmoil for a few years now. Goodbye, Joe Torre; hello Joe Girardi. Goodbye, Alex Rodriguez (what an un-classy move during game four of the World Series) and possibly the departure of great players like Mariano Rivera, Andy Pettite, and Jorge Posada.

So what type of season will this changing-of-the-guard produce? Chances are, it won't be a 27th World Series ring and we might not see them in October. Now that would be an eerie feeling. As the Red Sox keep improving, the Yankees keep declining. Boston has been waiting years to finally say that they are the top dogs. Now they can.

Rockies fans, a sweep is crushing, but just think what this season and next will create in revenue for your franchise. Realizing they can get far in the evenly paced National League West, they may start investing more into their payroll. Maybe they can get a big name pitcher who can keep the ball down in Coors Field. Although last time they spent big money on pitching, it did not work out (I am talking about you Mike Hampton and Denny Nagle). 2007 was a great run, one that few can ever compare to. But like how a David vs. Goliath match up is expected to finish, this one did.

For every team out there, the 2008 sea-

son has already begun.

Now onto the game everyone has been waiting for, New England at Indianapolis. This has become the football rivalry of this decade just like the 49ers and Dallas of the '90's, Giants-49ers of the '80's and the Steelers-Raiders of the '70's. The Pats and Colts have a combined four titles in six years. But what has happened since last year is that the Colts now feel comfortable. Manning, who had been dubbed as a great player who couldn't "win the big one" since his days at the University of Tennessee changed. He led the Colts comeback in the AFC championship game against those powerful Pats and winning the super bowl against a Rex "extra gross" Grossman led Bear squad. The Colts have confidence and take care of business every week.

However, undefeated, they come in to this game as an underdog. What does that mean? The Pats are not only undefeated; they are embarrassing everyone they play. Bill Belichick's methods have been questioned. Not only is he running up the score, which is distasteful in the eyes of a lot of people, but he's endangering many of his big time players. If you think there aren't defensive linemen who will gladly take a 15-yard penalty for a late shot at Tom Brady's head, you are sadly mistaken. Keep it up, and teams like the Jets and Dolphins, who have nothing to play for besides pride, will make sure Tom Brady regrets being in the fourth quarter of an already won game.

Why do the Pats do what they do? A win is a win, right? For Belichick, a win needs an exclamation point. You know that Brady wants Manning's touchdown record, but this pursuit could jeopardize his health. With Brady goes this team's aspiration of another

title. One thing that you can assume is that both quarterbacks will be in the game in the fourth quarter, and there will be no questions why. As the most anticipated game of the regular season, it should be a fun one. The added weapons of the Patriots look to be the difference from last year while Indy believes they, as the reigning super bowl champions, are being underestimated. Everyone expects to see these two teams face off in the playoffs as well, but this game could determine where that will be played.

The Boss's top five favorite NFL rivalries:

5) Dolphins and Jets: These two teams just simply don't get along. Even in depressing seasons, they both will want to crush each other in week 13 to stay out of the cellar spot in the AFC East. Every Jets favorite game in this series has to be the Monday night comeback game in 2000. Yes, Jets fans, feel free to reminisce.

4) Cowboys and 49ers: While the 49ers dominated the late '80s, the Cowboys took three titles in the '90s. Nobody will ever forget when Terrell Owens (a 49er at the time) stood at mid-field after a touchdown and got leveled.

3) Colts and Pats: Heightened because the Colts won it all last year.

2) Bears and Packers: NFL's oldest rivalry. There's so much history here that just cannot be ignored. Lombardi, Butkus, Lambeau Field, Favre, Bear defense. Enough said.

1) Giants and Eagles: Being a Giants fan, I could pick any opponent from the NFC East. During my lifetime, I've learned to despise the Redskins and Cowboys, but there is something about the Eagles that just cannot be explained without cursing when those two teams have stepped onto the field since 2000.

Field Hockey: Preparing for Tourney Action

continued from back page

the teams headed into the half-time break.

"We proved we can compete with UConn in that first half," said Coach Madl. "We did a lot of things well in the first 35 minutes, which was very encouraging for us."

Despite the strong effort by PC in the first half, the Friars could not sustain their momentum for the full 70 minutes. UConn took the lead in the 39th minute when Melissa Gonzalez scored to break the 1-1 tie. The Huskies stifled the Friar attack in the second half and held PC to just three shots; none of which found the back of the cage. UConn would add an insurance in the final seconds of the game to give them a 3-1 victory over PC.

"Against a team as strong as UConn you have to play at the highest level for

the entire game," said Coach Madl. "Unfortunately our first half play didn't carry over to the second half."

With the regular season now behind them, the Friars are now focused on their first round Big East tournament match-up with the University of Louisville. The Cardinals have been ranked in the top 20 all season and defeated Providence in a 2-1 nail-biter on Sept. 30.

"We were a few plays away from beating Louisville the last time we played them," said Coach Madl. "This week we'll be tweaking some things in our game and working heavily on our out-letting of the ball which should help fuel our offensive attack."

On the other side of the tournament bracket, top-seeded UConn will take on the number four seeded Syracuse Orange.

UConn defeated Syracuse earlier in the year and seems to be the favorite to repeat as Big East champions. The Friars, however, have a legitimate shot to win the league title and receive the Big East's automatic bid to the 2007 NCAA tournament. They have won five of their last seven games and have a lot of momentum heading into the tournament.

"We entered this season with the idea that we were going to win the Big East title," said senior Abby Maguire. "We have the confidence to play well in the tournament and become league champions."

The Big East Tournament starts on Saturday, Nov. 3, in Syracuse, N.Y., with the Friars kicking off tournament action with their game against Louisville at 11:00 a.m. The championship game will take place on Sunday, Nov. 4 at 12:00 p.m.

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Friars Clip No. 9 Eagles in 3-2 Win

Providence went 1-1 for the week, losing to Connecticut 5-0 and winning an exciting 3-2 game at Boston College.

BY JOHN BUTLER '11
SPORTS STAFF

Be it ever so humble, there's no place like home. Perhaps no Friar team has come to appreciate its home arena more than the Women's Ice Hockey Team, which wrapped up a five-game road trip to begin the season with a win against No. 9 Boston College on Tuesday, Oct. 30, by a score of 3-2, and a loss against No. 8 Connecticut on Thursday, Oct. 25, by a score of 5-0.

Only five games into the young season, the Friars have already squared off against three nationally-ranked squads, a factor that will surely be taken into account when selections for the NCAA tournament are made. Last season, PC defeated BC soundly in the semifinals of the Hockey East tournament to advance to the finals, and they followed suit nicely in their most recent victory.

Going into the game, Friars Head Coach Bob Deraney emphasized the importance of working together as a whole team, and playing with the tenacity demonstrated by the squads from previous years.

"We're sort of like the Red Sox," Deraney said, "because we can't rely on just one player. We want everybody to contribute. And we need to play with more heart and pride. That will get us over what ails."

The Friars certainly responded at Chestnut Hill by notching three goals by three different players before the first period had ended. The PC defense aptly defended the lead for the remainder of play, on the back of freshman goaltender Jennifer Smith, who registered 23 saves, and earned her first NCAA win.

Senior forward Sarah Feldman led the



COURTESY OF SPORTS INFO

Despite opening the season with some disappointing losses, junior Danielle Ciarletta and the Friars have high hopes for the 2007-08 season.

offensive charge by netting the first Friar goal at 6:21, when she sent a rebound through the poles, marking the culmination of a string of Friar scoring opportunities. PC had a total of 10 shots on goal in the first period, alone. This is type of plain and tough hockey to which the Friars should be aspiring, according to Feldman.

"This was a really big game for us because ... we played aggressive. We played simple puck-to-net hockey," she said.

Later in the period, junior Mari Pehkonen added to the lead by scoring off a Feldman assist. Only 20 seconds later, the Friars sealed their victory with another goal, this time by freshman Alyse Ruff who recorded the score off a quick pass from senior Jenna Keilch.

It was a different story in Storrs, Conn., where the Huskies dominated offensively and kept the PC offense in check.

Although the box score indicates a one-sided game, the contest proved to be anyone's match until the end of the second period, when Connecticut took a com-

manding 3-0 lead on a power play goal.

Penalties proved to be the difference-maker, as PC suffered a total of seven penalties that resulted in 14 minutes off the ice for the Friar bladers. Connecticut scored three of its five goals on power plays.

Penalties have consistently been a problem spot for the Friars, dating back to last season, and with 15.5 penalty minutes per game prior to the face-off against Boston, PC ranks fifth highest in the nation in that category.

"We can't establish momentum when we're in the [penalty] box," Feldman said. "And when we stay out of the box, we score goals."

Defensively, the Friars demonstrated that they are a force to be reckoned with, allowing only 30 shots on goal. Junior goalie Danielle Ciarletta made 25 saves on the night, and looks to add to her impressive resume at PC, where last season, she recorded a .912 save percentage.

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FRIARS Update

Sheehan Leads Volleyball to Two Wins

The Providence College Women's Volleyball Team extended its winning streak to three matches with a 3-1 victory at Hartford University on Wednesday, Oct. 31. This gives the Friars' highest win total—18—since 1997, when they finished with 21 wins. Senior Sara Fleming led the team with a double-double in digs and kills while junior Jeanette Toney registered 14 kills and six blocks. Junior Sara Sheehan recorded 47 assists in the win.

The Friars won matches over Howard University and Sacred Heart University on Saturday, Oct. 27, both by scores of 3-1, in the NJIT Halloween Classic. Following the tournament and the win over Hartford, the Friars' 2007 record is now 18-9.

The Friars also played to a 3-2 loss on Friday, Oct. 26, against the host team, New Jersey Institute of Technology. Junior Elizabeth Flynn finished with 15 kills and five blocks.

Sheehan led the way for PC with arguably her best weekend on the court. Sheehan completed double-doubles in all three matches, giving her five for the season. For her efforts, Sheehan was named Division I Independent Volleyball Player of the Week.

This week, the team will wrap up its regular season with a match at Central Connecticut State University on Wednesday, Nov. 7. From there PC will travel to the National Independent Tournament in Orem, Utah, on Friday, Nov. 16, and Saturday, Nov. 17 to close out the season.

—Erin Redihan '08



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PC Men's Hockey Nets First Win Over UMass

BY RYAN HOLT '09
SPORTS STAFF

Things may be getting better for the Providence College Men's Hockey Team. Last weekend, the Friars went undefeated in a home-and-home series against the University of Massachusetts Amherst. They defeated the Minutemen 3-1 Friday at home, and tied them the next night on the road, 3-3.

Friday night, it was almost all Friars. Right out of the gate, they took control. They took advantage of their first power play chance.

In the game's fourth minute, sophomore Greg Collins gave the Friars a 1-0 lead. Co-captains senior Jon Rheault and junior Kyle Laughlin recorded assists.

The game was physical from the beginning. UMass was called for several penalties in the first period, including a five-minute game misconduct. The Friars, however, did not capitalize on any of these other penalties, and went into the first intermission with the same 1-0 lead.

They did, however, establish momentum in that first period. They out-shot the Minutemen 15-3, and never let up, establishing control early on.

The second period was scoreless, but offered many chances for both sides.

The Friars added another goal to their tally in the first minute of the third period. Laughlin scored his fourth goal of the season on an assist from junior Nick Mazzolini who returned from injury that night. The Friars led 2-0.

The momentum from the second goal was quickly erased. Sixteen seconds later, the Minutemen's Matt Burto scored, putting them within one. For the first time, it seemed the Friars were on the defensive.

The remainder of the period was much more back and forth. Each side had its chances denied by the other's goalie.

With nearly two minutes to play, junior John Mori scored his first collegiate goal. The goal was assisted by Mazzolini and sophomore John Cavanaugh who, like Mazzolini was back from injury. Mori's goal gave the



MATT LONGOBARDI '10/The Cowl

The men's hockey team got off to a slow start, losing its first four games before starting to turn things around last weekend with a win over UMass on Friday and a tie on Saturday.

Friars a 3-1 lead and sealed the game.

"It's good to get that first one off my back, but most importantly we got our first win, and that's been on everybody's mind. Now we can start rolling, playing our game," said Mori.

Friday's game marked the first start of the season for junior Chris Mannix, who recorded 20 saves in the win.

"The team played great in front of me. We never let up. We just kept at it," said Mannix.

The win snapped the Friars' four-game losing streak, that had opened the season.

"We had to play hard. We started games well. We played a little looser tonight," said Friars Head Coach Tim Army.

"The word is relief. We've been working so hard. We're better than our record; we'll get on track; we'll prove ourselves," said Mannix.

"It's a battle out there every night. That's the best part of playing in Hockey East. You try to work as hard as you can to get back on track," said Mori.

Saturday's game on the road against UMass was a different story. The game

was much more back and forth.

Junior Pierce Norton gave the Friars an early 1-0 lead in the first period with a power play goal on assists from Laughlin and freshman Eric Baier.

The Minutemen tied the game at 1-1 with a goal from Brian Keane. They took their first lead of the weekend later in the period with a goal from Will Ortiz.

Laughlin added his second goal of the weekend, fifth overall, to tie the game at 2-2 early in the third period. Rheault and senior Trevor Ludwig assisted. The goal gave Laughlin a four-game goal-scoring streak.

Mike Lecomte put the Minutemen on top 3-2 with just a minute left to play in the third.

Army then pulled Mannix, giving the Friars a 6-5 advantage. With just six seconds to play, junior Matt Taromina tied the game at 3-3, forcing overtime.

The extra session was scoreless, and the game ended in a tie. Mannix finished with a career-high 37 saves and earned Hockey East Defensive Player of the Week honors.

Overall, the Friars finished 1-0-1 on the weekend, improving their record to 1-4-1, 1-1-1 in Hockey East play, and earning three points in the Conference standings.

The Friars, it seems, are playing better, possibly righting the ship early in the season. Much more will be learned when the Friars face off with perennial conference and national power Boston University, Thursday at 7:00 p.m. at Schneider Arena.

It should be an exciting night of hockey. As always, the admission is free for students and will be broadcast live on Cox Sports TV 3.

Hey Friar fans! Don't forget. . .

The Providence College Men's Basketball Team will kick off the 2007-08 campaign with an exhibition against Carleton University!

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NOVEMBER 1, 2007

PC Soccer Draws Tie with No. 7 Fighting Irish

BY ERIN REDIHAN '08
SPORTS EDITOR

When it comes down to the end of the season, every game takes on additional meaning. The Friars secured a spot in the Big East Tournament last week, but they still face several challenges in their matches leading up to the post-season. They still want to improve their seed in the tournament in hopes of hosting a match and prove to the national selection committee that they are deserving of an NCAA Tournament berth.

With two ranked teams as their opponents to close out the season, the Friars know they will have to play well to accomplish these goals.

"The road is not going to get any easier," said Providence Head Coach Chaka Daley. "A win only guarantees us one more game. The first step is to get to the finals of the Big East Tournament, which is a difficult process. The Big East Tournament is arguably tougher than the NCAAAs."

The Friars had a four-game winning streak on the line when No. 7 Notre Dame visited Glaxo Field on Sunday, Oct. 28. A win would tie them with West Virginia—their final opponent for third in the Big East Blue Division—while a tie or a loss would keep them solidly in fourth place ahead of Georgetown.

Notre Dame came in as the top team in the conference, as well as the only to go undefeated, while No. 1 Connecticut



COURTESY OF SPORTS INFO

Senior Michael Narciso (16) and the PC Men's Soccer Team has been almost unbeatable at home this season. This week the team will travel to West Virginia for its last regular season game in hopes of earning third place in the Big East Blue Division.

is currently second. The Fighting Irish are now guaranteed a first or second place finish in the Blue Division, and thus, a first-round bye.

"We were pretty confident with whoever comes in here to play us at home," said Daley. "We've made a commitment to each other to be impossible to beat and to play tougher on the road to stay alive nationally."

The Fighting Irish drew first blood in

the 27th minute when they took advantage of a Friar foul. Junior Matt Besler headed a pass from teammate Joseph Lapira past PC junior goalie Timothy Murray.

"We started off okay," said Daley. "They definitely got hold of the game early. We made a mistake on a dead ball with some bad man marking and they scored. This type of thing happens against good teams."

The Friars scored the equalizer with less

than a minute to play in the half. Freshman Nick Cianci got his first goal as a Friar, when he fired a Jonathan Medcalf pass by Irish goalie Chris Cahill.

"Tying before halftime was huge," said Daley. "It gave us belief in ourselves and it brought Notre Dame back to earth."

Notre Dame did not waste much time in recapturing the lead. Besler's pass to Ryan Miller put the Irish back on top 2-1. That score would remain until the 82nd minute when freshman Matt Marcin's third goal knotted the teams at two. Murray finished with four saves.

In overtime, the Friars had several chances to score, including a near miss by senior Alex Bury with 10 seconds to play in the second extra frame, but his shot was deflected by Cahill. The match ended in a 2-2 draw. The Friars are now 5-3-2 in the Big East and 9-5-2 overall, while Notre Dame remains undefeated at 7-0-3 in conference and 10-3-4 overall.

"I think we were the better team in overtime," said Daley. "It was a deserving tie on both sides. It was a good back and forth game, very entertaining."

The Friars wrap up their regular season with a game at West Virginia on Saturday, Nov. 3, at 7:00 p.m.

"They're a relatively big team in some areas," said Daley. "They're good with dead balls, which is something we need to tidy up a bit this week because they're dangerous. They're not as much (as dangerous) in live play as they have

SOCCER/Page 21

Women's Soccer Wraps Up 2007

BY MIKE SPRINGER '08
NEWS EDITOR

Jubilant spread across New England this weekend in celebration of the Boston Red Sox seventh World Series Victory, their

WOMEN'S
SOCCER

second of this century. For others, such as the Providence College Women's Soccer Team, this weekend was bittersweet, as the Friars this season overcame injuries to key players and early season inconsistency to have a chance at making the Big East Tournament in the final week of their season.

Against the Red Storm, the Friars were on the defensive early on as St. John's got three quick shots on goal, all of which were deflected by the Friars' senior keeper Laura Elfers. St. John's finally broke through in the twelfth minute of the game when Raelynne Lee took a corner kick that went to the far post where teammate Susan Byrne received the ball for a shot that was deflected away by Elfers. Amanda Pasciolla found the ball and headed it into the back of the net to give St. John's a 1-0 advantage.

Junior forward Kelly Pettersen had a chance to score the equalizer goal for the Friars in the 23rd minute of the game, but was denied by Red Storm goalkeeper Jamie Beran.

The Friars were able to keep possession of the ball, setting up junior back Megan Mancarella who found teammate sophomore forward Caitlin Holsteter in front of the net. Holster took the shot and scored her first goal as a Friar, tying the game up at one apiece.



COURTESY OF SPORTS INFO

Sophomore Nicole Benko and the Providence College Women's Soccer Team finished 2007 with a 3-14-1 record, including a 2-9 mark in the Big East.

"Caitlin had a hard time this season dealing with injuries and trying to get back into a rhythm after that," said Head Coach Jim McGirr. "She gained an opportunity to start this weekend because of her hard work and she really had some great moments for us this season."

In the second stanza, the game remained at one apiece, sending the match into overtime.

The Red Storm controlled the ball for most of the first overtime and took three shots on goal, but were not able to get anything by Elfers. Finally, in the second overtime, the Red Storm scored in the closing seconds when Courtney Lane passed the ball into the box where teammate Amanda Santos received it and took a shot, sending the ball past

Elfers and into the net, to give the Red Storm the 2-1 victory.

Elfers finished the game with eight saves for the Friars and compiled 91 saves throughout the season, giving her the third most in the Big East Conference.

On Friday, the Friars headed north to face Big East foe, the University of Syracuse, in another crucial Big East face-off, which resulted in a tough 2-1 double overtime loss for the Friars.

Against the Orange, the Friars put up another strong defensive effort in the first stanza, keeping the game scoreless, as Syracuse out shot PC five to three in the first half.

It was in the second stanza of the game that the Friars put them-

Friars Beat Brown, Ready for Tourney

BY DAN OLLQUIST '10
ASST. SPORTS EDITOR

After clinching a spot in the Big East tournament last week, the Providence College Field

FIELD
HOCKEY

Hockey team used this week's games to prepare themselves for tournament play. At the outset of the season, the team's main goal was to capture the Big East crown and the team took another step towards achieving that goal this past week.

On Tuesday, Oct. 30, the Friars hosted cross-town rival Brown. Brown, who entered the game with an 0-15 record was quickly overpowered by the Providence attack. Senior Michalagh Stoddard got the scoring parade started when she scored on a direct shot off a penalty corner 11:59 into the game. Juniors Meghan Holden and Jessica Lane were both credited with assists on the play.

Just two and a half minutes later, sophomore Adrienne Marois found the back of the cage off an assist from Jessica Lane to give PC a 2-0 advantage. The Friars continued their offensive onslaught when sophomore Nellie Poulin scored a goal at the 27:10 mark and was followed by freshman Ashlyn Hudson who scored her second goal of the season to give Providence a 4-0 lead. Brown would score a goal of their own towards the end of the half, but the Friars headed into the halftime intermission with a convincing 4-0 lead.

"We scheduled this game to prepare for the tournament," said head coach Diane Madl. "I wanted us to play good, fundamental field hockey, for the full 70 minutes and not relinquish anything in the second half."

The women in black and white seemed to take Madl's words to heart as they continued to punish Brown in the second half. Just 3:53 into the second half, Nellie Poulin connected on her second goal of the game off of a beautiful feed from senior Abby Maguire to give the Friars a 5-1 lead. PC capped off their offensive outburst when Adrienne Marois scored her second goal of the game to give the Friars a resounding 6-1 victory. The win improved the Friars' record to 4-1 against Ivy League opponents this season and bumped their overall record up to 13-7.

Unfortunately for PC, their offensive prowess was a non-factor in their game against the sixth ranked UConn Huskies on Saturday, Oct. 27. The No. 20 Friars battled the Big East leading Huskies, but in the end UConn showed why they are one of the country's elite teams.

PC got off to a fast start in Storrs, Conn., when senior Abby Maguire scored in the games seventh minute to give Providence a 1-0 lead. The Friar defense played tough for most of the first half and kept the potent Huskies offense in check. PC maintained their 1-0 lead until the 29th minute, when UConn found the cage to knot the score up at one as

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